Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services Coverage Period: Beginning on or after 01/01/2020 McLaren Health Plan Community: Individual HMO - Young Adult/Catastrophic | Coverage for: Single, Single + Spouse or Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call (888) 327-0671. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.McLarenHealthPlan.org or call (888) 327-0671 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$8,150/individual or \$16,300/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/.</u>
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,150/individual or \$16,300/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, <u>balance-billing charges</u> and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See McLarenHealthPlan.org or call 1-800-0671 for a list of <u>network providers</u> .	This plan uses a <u>provider</u> network. You will pay less if you use a provider in the <u>plan's</u> network (a " <u>Participating Provider</u> ". You will pay the most if you use a <u>non-Participating Provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>Provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . Note, however, that some services require plan <u>Preauthorization</u> in order to be covered.

[* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What Yo	ou Will Pay	Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)		
	Primary care visit to treat an injury or illness	1-3 visits: No charge and <u>Deductible</u> does not apply. Additional visits subject to <u>Deductible</u>	Not Covered		
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	No charge/visit	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage.	
or clinic	Preventive care/screening/ immunization	No charge <u>Deductible</u> does not apply.	Not Covered	<u>Plan Preauthorization</u> for some services is required. See Section 8.2.1 of your Certificate of Coverage. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	No charge	Not Covered	Plan Preauthorization is required for genetic testing.	
	you have a test work) Not cov	Not Covered	Plan Preauthorization is required.		
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.[insert].com	Tier 1 (Preferred Generic drugs)	No charge	Not Covered	Plan Preauthorization is required for some drugs. See the Plan Formulary at	
	Tier 2 (Preferred Brand drugs)	No charge	Not Covered	http://www.mclarenhealthplan.org/community- member/marketplace-mhp.aspx	
	Tier 3 (Non-Preferred Generic and Non-Preferred Brand drugs)	No charge	Not Covered		
	Specialty drugs	No charge	Not Covered	Only Brand Drugs are Covered. <u>Plan</u> <u>Preauthorization</u> is required. See the Plan Formulary at <u>http://www.mclarenhealthplan.org/community-</u> <u>member/marketplace-mh</u> p.aspx	

	Services You May Need	What Yo	ou Will Pay	Limitations, Exceptions, & Other Important Information	
Common Medical Event		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate	
	Physician/surgeon fees	No charge	Not Covered	of Coverage.	
If you need immediate medical attention	Emergency room care	No charge	No charge	Emergency room care from a <u>Non-</u> <u>Participating Provider</u> may result in a <u>balance</u> <u>bill</u> .	
	Emergency medical transportation	No charge	No charge	Emergency medical transportation from a <u>Non-Participating Provider</u> may result in a <u>balance</u> <u>bill</u> .	
	Urgent care	No charge	No charge	Urgent care from a Non-Participating Provider may result in a <u>balance bill</u> .	
lf you have a hospital stay	Facility fee (e.g., hospital room)	No charge	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
	Physician/surgeon fees	No charge	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
If you need mental	Outpatient services	No charge	Not Covered		
health, behavioral health, or substance abuse services	Inpatient services	No charge	Not Covered	Plan Preauthorization is required for the service to be Covered. See Section 8.02.01 of your Certificate of Coverage	
	Office visits	No charge	Not Covered	Cost sharing does not apply for preventive	
lf you are pregnant	Childbirth/delivery professional services	No charge	Not Covered	services described elsewhere in the SBC (i.e.	
	Childbirth/delivery facility services	No charge	Not Covered	ultrasound.)	
If you need help recovering or have	Home health care	No charge	Not Covered		
other special health	Rehabilitation services	No charge	Not Covered	Physical and Occupational Therapy Disorder	

	Services You May Need	What Y	ou Will Pay		
Common Medical Event		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
needs				and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. <u>Plan Preauthorization</u> is required for the service to be Covered.	
If you need help recovering or have other special health	Habilitation services	No charge	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Chiropractic services are limited to 20 visits of the 30. <u>Plan</u> <u>Preauthorization</u> is required for the service to be Covered.	
needs	Skilled nursing care	No charge	Not Covered	60 days annual max	
	Durable medical equipment	No charge	Not Covered	Durable medical equipment that costs \$3,000 or more requires Plan Preauthorization.	
	Hospice services	No charge	Not Covered	Inpatient hospice services require <u>Plan</u> <u>Preauthorization</u> . 45 days annual max for inpatient hospice services.	
If your child needs dental or eye care	Children's eye exam	No charge	Not Covered	Benefit maximum: 1 eye exam per calendar year.	
	Children's glasses	No charge	Not Covered	Benefit maximum: 1 pair of glasses per calendar year.	
	Children's dental check-up	Not Covered	Not Covered	Not Covered	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more inform	mation and a list of any other <u>excluded services</u> .)
 Abortion Acupuncture Cosmetic surgery Dental care (Pediatric) Dental care (Adult) Hearing aids Long-term care Non-emergency care when traveling outside the U.S. 	Private-duty nursingRoutine eye care (Adult)Routine foot care

Other Covered Services (Limitations ma	y apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)	
Bariatric surgery	Infertility services	
Chiropractic care	Weight loss programs	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877-999-664 or <u>DIFS-HICAP@Michigan.gov</u>.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.------



The total Peg would pay is

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> \$8, <u>Specialist</u> [cost sharing] Hospital (facility) [cost sharing] Other [cost sharing] 	,150 \$0 \$0 \$0	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> [cost sharing] Hospital (facility) [cost sharin Other [cost sharing] 	\$0	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> [cost sharing] Hospital (facility) [cost sharing] Other <u>[cost sharing]</u> 	\$0
This EXAMPLE event includes services Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and blood w</i> Specialist visit (<i>anesthesia</i>)	vork)	This EXAMPLE event includes so Primary care physician office visits disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (gluco	s (including ose meter)	This EXAMPLE event includes s Emergency room care (including r supplies) Diagnostic test (x-ray) Durable medical equipment (crutch Rehabilitation services (physical th	medical hes) herapy)
Total Example Cost	\$4,521	Total Example Cost	\$150	Total Example Cost	\$0
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductible</u> s	\$8,150	<u>Deductible</u> s	\$7,184	<u>Deductible</u> s	\$1,925
Copayments	\$0	Copayments	\$0	Copayments	\$C
<u>Coinsurance</u>	\$0	Coinsurance	\$0	<u>Coinsurance</u>	\$0
What isn't covered		What isn't cover	ed	What isn't covered	d
Limits or exclusions	\$60	Limits or exclusions	\$55	Limits or exclusions	\$0

\$7,239

The total Mia would pay is

The total Joe would pay is

\$8,210

\$0

,925 \$0 \$0

\$0

\$1,925