McLaren Health Plan Community: Individual HMO – MHP Silver Standard ZCS Coverage for: Subscriber/Family Dependent | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit us at mclarenhealthplan.org or call Customer Service at (888) 327-0671. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call (888) 327-0671 to request a copy.

| Important Questions                                                  | Answers                                                                                                       | Why This Matters:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|----------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| What is the overall deductible?                                      | \$0 / individual or<br>\$0 / family                                                                           | Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by family members meets the overall family <u>deductible</u> .                                                                                                                                                                                                               |
| Are there services covered before you meet your deductible?          | Yes, the deductible doesn't apply to preventive care, and certain services subject to flat dollar copayments. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .                                                                          |
| Are there other deductibles for specific services?                   | No.                                                                                                           | You don't have to meet <u>deductibles</u> for specific services.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | \$0 / individual or<br>\$0 / family                                                                           | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.                                                                                                                                                                                                                                                                                                                          |
| What is not included in the <u>out-of-pocket limit</u> ?             | Premiums, balance-billing charges and health care this plan doesn't cover.                                    | Even though you pay these expenses, they don't count toward the out-of-pocket limit.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Will you pay less if you use a <u>network provider</u> ?             | Yes. See mclarenhealthplan.org or call (888) 327-0671 for a list of network providers.                        | This plan uses a <u>provider</u> network. You will pay less if you use a <u>provider</u> in the <u>plan's</u> network (a " <u>Participating Provider</u> ". You will pay the most if you use a <u>non-Participating Provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>Provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ?           | No.                                                                                                           | You can see the specialist you choose without a referral.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |

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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

|                                                                                                                                          |                                                                                                   | What Yo                                          | u Will Pay                                                  |                                                                                                                                                                                                                                                                                                                                        |  |
|------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|--------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Common Medical Event                                                                                                                     | Services You May Need                                                                             | Participating Provider (You will pay the least)  | Non-Participating<br>Provider<br>(You will pay the<br>most) | Limitations, Exceptions, & Other Important Information                                                                                                                                                                                                                                                                                 |  |
|                                                                                                                                          | Primary care visit to treat an injury or illness                                                  | No charge  Deductible does not apply             | Not covered                                                 | None.                                                                                                                                                                                                                                                                                                                                  |  |
| If you visit a health care                                                                                                               | Specialist visit                                                                                  | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                                 | Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage. The penalty for not having prior authorization is denial of payment.                                                                                                                                                           |  |
| provider's office or clinic                                                                                                              | Preventive care/screening/immunization                                                            | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                                 | Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage. The penalty for not having prior authorization is denial of payment. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. |  |
| If you have a test                                                                                                                       | <u>Diagnostic test</u> (x-ray, blood work)                                                        | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                                 | Plan Preauthorization is required for genetic testing. The penalty for not having prior authorization is denial of payment.                                                                                                                                                                                                            |  |
| ii you liave a test                                                                                                                      | Imaging (CT/PET scans, MRIs)                                                                      | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                                 | Plan Preauthorization is required. The penalty for not having prior authorization is denial of payment.                                                                                                                                                                                                                                |  |
| If you need drugs to treat your illness or condition                                                                                     | Generic drugs – Tier 1<br>(Preferred Generic drugs)                                               | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                                 | Plan Preauthorization is required for some drugs.                                                                                                                                                                                                                                                                                      |  |
| More information about prescription drug coverage is available at http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx | Preferred brand drugs – Tier 2 (Preferred brand drugs)                                            | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                                 | See the Plan Formulary at <a href="http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx">http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx</a> The penalty for not having prior authorization is denial                                                                                         |  |
|                                                                                                                                          | Non-preferred brand drugs –<br>Tier 3 (Non-preferred generic<br>and non-preferred brand<br>drugs) | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                                 | of payment.                                                                                                                                                                                                                                                                                                                            |  |

<sup>[\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at McLarenHealthPlan.org.]

|                                                    |                                                | What Yo                                          |                                                    |                                                                                                                                                                                                                                                                                                                             |
|----------------------------------------------------|------------------------------------------------|--------------------------------------------------|----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Common Medical Event Services You May Need Provide |                                                | Participating Provider (You will pay the least)  | Non-Participating Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information                                                                                                                                                                                                                                                                      |
|                                                    | Specialty drugs                                | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                        | Only Brand Drugs are Covered. Plan Preauthorization is required. See the Plan Formulary at <a href="http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx">http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx</a> The penalty for not having prior authorization is denial of payment. |
| If you have outpatient                             | Facility fee (e.g., ambulatory surgery center) | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                        | Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage. The                                                                                                                                                                                                                 |
| surgery                                            | Physician/surgeon fees                         | No charge <u>Deductible</u> does not apply       | Not covered                                        | penalty for not having prior authorization is denial of payment.                                                                                                                                                                                                                                                            |
|                                                    | Emergency room care                            | No charge <u>Deductible</u> does not apply       | No charge<br><u>Deductible</u> does not<br>apply   | None.                                                                                                                                                                                                                                                                                                                       |
| If you need immediate medical attention            | Emergency medical transportation               | No charge <u>Deductible</u> does not apply       | No charge<br><u>Deductible</u> does not<br>apply   | Emergency medical transportation from a Non-Participating Provider may result in a balance bill.                                                                                                                                                                                                                            |
|                                                    | <u>Urgent care</u>                             | No charge <u>Deductible</u> does not apply       | No charge<br><u>Deductible</u> does not<br>apply   | Urgent care from a Non-Participating Provider may result in a balance bill.                                                                                                                                                                                                                                                 |
| If you have a hospital                             | Facility fee (e.g., hospital room)             | No charge <u>Deductible</u> does not apply       | Not covered                                        | Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.) The                                                                                                                                                                                                                 |
| stay                                               | Physician/surgeon fees                         | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                        | penalty for not having prior authorization is denial of payment.                                                                                                                                                                                                                                                            |
| If you need mental health, behavioral              | Outpatient services                            | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                        | None.                                                                                                                                                                                                                                                                                                                       |

| What You Will Pay                                                                          |                                                   |                                                    |                                                        | y e e e e e e e e e e e e e e e e e e e                                                                                                                                                                                                                                                     |  |  |
|--------------------------------------------------------------------------------------------|---------------------------------------------------|----------------------------------------------------|--------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Common Medical Event Services You May Need Participating Provider (You will pay the least) |                                                   | Non-Participating Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |                                                                                                                                                                                                                                                                                             |  |  |
| health, or substance abuse services                                                        | Inpatient services                                | No charge<br><u>Deductible</u> does not<br>apply   | Not covered                                            | Plan Preauthorization is required for the service to be Covered. The penalty for not having prior authorization is denial of payment.                                                                                                                                                       |  |  |
|                                                                                            | Office visits                                     | No charge<br><u>Deductible</u> does not<br>apply   | Not covered                                            |                                                                                                                                                                                                                                                                                             |  |  |
| If you are pregnant                                                                        | Childbirth/delivery professional services         | No charge<br><u>Deductible</u> does not<br>apply   | Not covered                                            | Cost sharing does not apply for preventive services.  Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)                                                                                                                                       |  |  |
|                                                                                            | Childbirth/delivery facility services             | No charge<br><u>Deductible</u> does not<br>apply   | Not covered                                            |                                                                                                                                                                                                                                                                                             |  |  |
|                                                                                            | Home health care  No charge  Deductible doe apply |                                                    | Not covered                                            | <u>Plan Preauthorization</u> is required for the service to be Covered. Housekeeping services and custodial care are excluded. The penalty for not having prior authorization is denial of payment.                                                                                         |  |  |
| If you need help                                                                           | Rehabilitation services                           | No charge <u>Deductible</u> does not apply         | Not covered                                            | Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum; 30 visits annual max for each.  Plan Preauthorization is required for the service to be Covered. The penalty for not having prior authorization is denial of payment. |  |  |
| recovering or have other special health needs                                              | Habilitation services                             | No charge<br><u>Deductible</u> does not<br>apply   | Not covered                                            | Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum; 30 visits annual max for each.  Plan Preauthorization is required for the service to be Covered. The penalty for not having prior authorization is denial of payment. |  |  |
|                                                                                            | Skilled nursing care                              | No charge<br><u>Deductible</u> does not<br>apply   | Not covered                                            | 45 days annual max                                                                                                                                                                                                                                                                          |  |  |
|                                                                                            | Durable medical equipment                         | No charge<br><u>Deductible</u> does not            | Not covered                                            | Durable medical equipment that costs \$3,000 or more requires Plan Preauthorization. The penalty for not                                                                                                                                                                                    |  |  |

<sup>[\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at McLarenHealthPlan.org.]

|                                        |                            | What Yo                                          | u Will Pay                                         |                                                                                                                                                                                   |
|----------------------------------------|----------------------------|--------------------------------------------------|----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Common Medical Event                   | Services You May Need      | Participating Provider (You will pay the least)  | Non-Participating Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information                                                                                                                            |
|                                        |                            | apply                                            |                                                    | having prior authorization is denial of payment.                                                                                                                                  |
|                                        | Hospice services           | No charge<br><u>Deductible</u> does not<br>apply | Not covered                                        | Inpatient hospice services require Plan Preauthorization. The penalty for not having prior authorization is denial of payment. 45 days annual max for inpatient hospice services. |
| If your shild woods                    | Children's eye exam        | No charge <u>Deductible</u> does not apply       | Not covered                                        | Benefit maximum: 1 eye exam per calendar year.                                                                                                                                    |
| If your child needs dental or eye care | Children's glasses         | No charge <u>Deductible</u> does not apply       | Not covered                                        | Benefit maximum: 1 pair of glasses per calendar year.                                                                                                                             |
|                                        | Children's dental check-up | Not covered                                      | Not covered                                        | Not covered                                                                                                                                                                       |

#### **Excluded Services & Other Covered Services:**

| Services Your Plan Generall | y Does NOT Cover (C | Check your polic | y or plan document for mo | ore information and a list of an | y other excluded services.) |
|-----------------------------|---------------------|------------------|---------------------------|----------------------------------|-----------------------------|
|                             |                     |                  |                           |                                  |                             |

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)
- Dental care (Pediatric)

- Hearing aids
- Long-term care
- Non-emergency care when traveling outside the U.S.

- Private-duty nursing
- Routine foot care

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

Routine eye care (Adult)

Infertility services

Chiropractic care

Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al (888) 327-0671.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (888) 327-0671.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (888) 327-0671.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (888) 327-0671.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$0 |
|-----------------------------------------------|-----|
| ■ Specialist copayment                        | \$0 |
| ■ Hospital (facility) coinsurance             | 0%  |
| ■ Other coinsurance                           | 0%  |

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost              | \$12,700 |
|---------------------------------|----------|
| In this example, Peg would pay: |          |
| Cost Sharing                    |          |
| <u>Deductibles</u>              | \$0      |
| <u>Copayments</u>               | \$0      |
| Coinsurance                     | \$0      |
| What isn't covered              |          |
| Limits or exclusions            | \$60     |
| The total Peg would pay is      | \$60     |

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$0 |
|-----------------------------------------------|-----|
| ■ Specialist copayment                        | \$0 |
| ■ Hospital (facility) coinsurance             | 0%  |
| ■ Other <u>coinsurance</u>                    | 0%  |

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

| Total Example Cost              | \$5,600 |
|---------------------------------|---------|
| In this example, Joe would pay: |         |
| Cost Sharing                    |         |
| <u>Deductibles</u>              | \$0     |
| Copayments                      | \$0     |
| Coinsurance                     | \$0     |
| What isn't covered              |         |
| Limits or exclusions            | \$20    |
| The total Joe would pay is      | \$20    |

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$0 |
|-----------------------------------------------|-----|
| ■ Specialist copayment                        | \$0 |
| ■ Hospital (facility) coinsurance             | 0%  |
| ■ Other coinsurance                           | 0%  |

## This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

| Total Example Cost              | \$2,800 |
|---------------------------------|---------|
| In this example, Mia would pay: |         |
| Cost Sharing                    |         |
| <u>Deductibles</u>              | \$0     |
| Copayments                      | \$0     |
| Coinsurance                     | \$0     |
| What isn't covered              |         |
| Limits or exclusions            | \$0     |
| The total Mia would pay is      | \$0     |