# Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services Coverage Period: Beginning on or after 01/01/2023 McLaren Health Plan Community: Individual HMO - Young Adult/Catastrophic | Coverage for: Single, Single + Spouse or Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call (888) 327-0671. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary</u> or call (888) 327-0671 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$9,100/individual or \$18,200/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. Preventive care and a limited number of primary care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$9,100/individual or \$18,200/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Copayments</u> for certain services, premiums, <u>balance-billing charges</u> and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the <u>out-of-pocket limit.</u>
Will you pay less if you use a <u>network provider</u> ?	Yes. See McLarenHealthPlan.org or call 1-800-0671 for a list of <u>network providers</u> .	This plan uses a <u>provider</u> network. You will pay less if you use a provider in the <u>plan's</u> network (a " <u>Participating Provider</u> ". You will pay the most if you use a <u>non-Participating Provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>Provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . Note, however, that some services require plan <u>Preauthorization</u> in order to be covered.

[\* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) Page 1 of 6 (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

	Services You May Need	What You Will Pay			
Common Medical Event		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Importan Information	
	Primary care visit to treat an injury or illness	1-3 visits: No charge and <u>Deductible</u> does not apply. Additional visits subject to <u>Deductible</u>	Not Covered	None.	
you visit a health are <u>provider's</u> office r clinic	<u>Specialist</u> visit	No charge/visit	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage.	
or clinic	Preventive care/screening/ immunization	No charge <u>Deductible</u> does not apply.	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
you have a test	Diagnostic test (x-ray, blood work)	No charge	Not Covered	Plan Preauthorization is required for genetic testing.	
-	Imaging (CT/PET scans, MRIs)	No charge	Not Covered	Plan Preauthorization is required.	
	Tier 1 (Preferred Generic drugs)	No charge	Not Covered	Plan Produtherization is required for some	
you need drugs to reat your illness or	Tier 2 (Preferred Brand drugs)	No charge	Not Covered	<ul> <li><u>Plan Preauthorization</u> is required for some drugs. See the Plan Formulary at</li> <li><u>http://www.mclarenhealthplan.org/community-</u></li> </ul>	
ondition	Tier 3 (Non-Preferred Generic and	No charge	Not Covered	member/marketplace-mhp.aspx	

No charge

No charge

Not Covered

Not Covered

[\* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

(Non-Preferred Generic and

Non-Preferred Brand drugs)

Specialty drugs

More information about

prescription drug coverage is available at

www.[insert].com

Only Brand Drugs are Covered. Plan

http://www.mclarenhealthplan.org/community-

Preauthorization is required. See the Plan Formulary at

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
				member/marketplace-mhp.aspx	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate	
surgery	Physician/surgeon fees	No charge	Not Covered	of Coverage.	
If you need immediate	Emergency room care	No charge	No charge	None.	
medical attention	Emergency medical transportation	No charge	No charge	Emergency medical transportation from a <u>Non-</u> <u>Participating Provider</u> may result in a <u>balance</u> <u>bill</u> .	
	Urgent care	No charge	No charge	Urgent care from a <u>Non-Participating Provider</u> may result in a <u>balance bill</u> .	
lf you have a hospital	Facility fee (e.g., hospital room)	No charge	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
stay	Physician/surgeon fees	No charge	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
If you need mental	Outpatient services	No charge	Not Covered	None.	
health, behavioral health, or substance abuse services	Inpatient services	No charge	Not Covered	Plan Preauthorization is required for the service to be Covered. See Section 8.02.01 of your Certificate of Coverage	
	Office visits	No charge	Not Covered	Cost sharing does not apply for preventive	
If you are pregnant	Childbirth/delivery professional services	No charge	Not Covered	services. Maternity care may include tests and services described elsewhere in the SBC (i.e.	
	Childbirth/delivery facility services	No charge	Not Covered	ultrasound.)	
If you need help recovering or have other special health	Home health care	No charge	Not Covered	<u>Plan Preauthorization</u> is required for the service to be Covered. Housekeeping services and custodial care are excluded.	
needs	Rehabilitation services	No charge	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits	

[\* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
				annual max for each. <u>Plan Preauthorization</u> is required for the service to be Covered.	
If you need help recovering or have other special health needs	Habilitation services	No charge	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Chiropractic services are limited to 20 visits of the 30. <u>Plan</u> <u>Preauthorization</u> is required for the service to be Covered.	
	Skilled nursing care	No charge	Not Covered	60 days annual max	
	Durable medical equipment	No charge	Not Covered	Durable medical equipment that costs \$3,000 or more requires Plan Preauthorization.	
	Hospice services	No charge	Not Covered	Inpatient hospice services require <u>Plan</u> <u>Preauthorization</u> . 45 days annual max for inpatient hospice services.	
lf your shild poods	Children's eye exam	No charge	Not Covered	Benefit maximum: 1 eye exam per calendar year.	
If your child needs dental or eye care	Children's glasses	No charge	Not Covered	Benefit maximum: 1 pair of glasses per calendar year.	
	Children's dental check-up	Not Covered	Not Covered	Not Covered	

## Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (	Check your policy or <u>plan</u> document for more info	ormation and a list of any other <u>excluded services</u> .)		
<ul> <li>Abortion</li> <li>Acupuncture</li> <li>Cosmetic surgery</li> <li>Dental care (Pediatric)</li> <li>Dental care (Adult)</li> </ul>	<ul> <li>Hearing aids</li> <li>Long-term care</li> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	<ul><li>Private-duty nursing</li><li>Routine eye care (Adult)</li><li>Routine foot care</li></ul>		
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)				
Bariatric surgery	Infertility services			

[\* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

Chiropractic care

• Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877-999-664 or <u>DIFS-HICAP@Michigan.gov</u>.

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al (888) 327-0671.] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (888) 327-0671.] [Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (888) 327-0671.] [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijgo holne' (888) 327-0671.]

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.—

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The total Peg would pay is

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Bab</b> (9 months of in-network pre-natal hospital delivery)		Managing Joe's type 2 Dial (a year of routine in-network care o controlled condition)		Mia's Simple Frac (in-network emergency room v up care)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist [cost sharing]</u></li> <li>Hospital (facility) [cost sharing]</li> <li>Other [cost sharing]</li> </ul>	\$9,100 \$0 \$0 \$0	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> [cost sharing]</li> <li>Hospital (facility) [cost sharing]</li> <li>Other [cost sharing]</li> </ul>	\$9,100 \$0 \$0 \$0	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> [cost sharing]</li> <li>Hospital (facility) [cost sharing]</li> <li>Other [cost sharing]</li> </ul>	\$0
This EXAMPLE event includes servi <u>Specialist</u> office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Servic Childbirth/Delivery Facility Services		This EXAMPLE event includes service <u>Primary care physician</u> office visits (including disease education) <u>Diagnostic tests</u> (blood work)		This EXAMPLE event includes <u>Emergency room care</u> (including supplies) <u>Diagnostic test</u> (x-ray)	
Diagnostic tests (ultrasounds and bloo Specialist visit (anesthesia)		Prescription drugs Durable medical equipment (glucose me	,	Durable medical equipment (crut Rehabilitation services (physical	therapy)
Diagnostic tests (ultrasounds and bloo Specialist visit (anesthesia) Total Example Cost	d work) \$12,700	Durable medical equipment (glucose me	eter) \$5,600	Rehabilitation services (physical Total Example Cost	therapy) \$2,800
Diagnostic tests (ultrasounds and bloo Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay:		Durable medical equipment (glucose me Total Example Cost In this example, Joe would pay:	,	Rehabilitation services (physical Total Example Cost In this example, Mia would pay	therapy) \$2,800
Diagnostic tests (ultrasounds and bloo Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing	\$12,700	Durable medical equipment (glucose me Total Example Cost In this example, Joe would pay: Cost Sharing	\$5,600	Rehabilitation services (physical Total Example Cost In this example, Mia would pay Cost Sharing	therapy) \$2,800
Diagnostic tests (ultrasounds and bloo Specialist visit (anesthesia) Total Example Cost n this example, Peg would pay: Cost Sharing Deductibles	<b>\$12,700</b> \$9,100	Durable medical equipment (glucose me Total Example Cost In this example, Joe would pay:	\$ <b>5,600</b> \$5,600	Rehabilitation services (physical Total Example Cost In this example, Mia would pay	therapy) \$2,800 7: \$2,800
Diagnostic tests (ultrasounds and bloo Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles Copayments	\$12,700 \$9,100 \$0	Durable medical equipment (glucose me Total Example Cost In this example, Joe would pay: Cost Sharing	\$5,600 \$5,600 \$0	Rehabilitation services (physical Total Example Cost In this example, Mia would pay Cost Sharing	therapy) \$2,800 7: \$2,800 \$0
Diagnostic tests (ultrasounds and bloo Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles Copayments Coinsurance	<b>\$12,700</b> \$9,100	Durable medical equipment (glucose medical         Total Example Cost         In this example, Joe would pay:         Cost Sharing         Deductibles	\$ <b>5,600</b> \$5,600	Rehabilitation services (physical         Total Example Cost         In this example, Mia would pay         Cost Sharing         Deductibles	therapy) \$2,800 7: \$2,800
Diagnostic tests (ultrasounds and bloo Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles Copayments	\$12,700 \$9,100 \$0	Durable medical equipment (glucose medical         Total Example Cost         In this example, Joe would pay:         Cost Sharing         Deductibles         Copayments	\$5,600 \$5,600 \$0	Rehabilitation services (physical         Total Example Cost         In this example, Mia would pay         Cost Sharing         Deductibles         Copayments	therapy) \$2,800 7: \$2,800 \$0 \$0 \$0

The total Joe would pay is

\$5,620

The total Mia would pay is

\$9,160

\$2,800