Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services
 Coverage Period: Beginning on or after 01/01/2023

 McLaren Health Plan Community: Individual HMO - Gold 0 Cost Sharing/Native American
 Coverage for: Single, Single + Spouse or Family
 Plan

Туре: НМО



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call Customer Service at (888) 327-

0671. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary</u> or call (888) 327-0671 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	<u>Prescription drugs</u> - \$0/individual or \$0/family	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Not applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
Will you pay less if you use a <u>network provider</u> ?	Yes. See McLarenHealthPlan.org or call (888) 327-00671 for a list of <u>network providers</u> .	You pay the least if you use a <u>Participating Provider</u> . You might receive a bill from a <u>Non-Participating</u> I/T/U <u>Provider</u> for the difference between the <u>Provider's</u> charge and what you <u>plan</u> pays ( <u>balance billing</u> ). You will pay the most if you use a <u>non-Participating Provider/non-I/T/U</u> <u>Provider</u> , and you might receive a bill from a <u>Provider</u> for the difference between the <u>Provider's</u> charge and what you <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . Note, however, that some services require <u>plan Preauthorization</u> in order to be covered.

[\* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) Page 1 of 6 (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

			What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider	Non-Participating I/T/U Provider	Non- Participating & Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness <u>Specialist</u> visit	No charge <u>Deductible</u> does not apply.	Provider balance bill	Not Covered	None. <u>Plan Preauthorization for some</u> services is required. See Section 8.2.1 of your Certificate of Coverage.	
	Preventive care/screening/ immunization	No charge <u>Deductible</u> does not apply.	Provider balance bill		Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage.	
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	No charge <u>Deductible</u> does not apply.	Provider balance bill	Not Covered	Plan Preauthorizationis required for genetic testing.Plan Preauthorizationis required.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at http://www.mclarenhealt hplan.org/community- member/marketplace- mhp.aspx.	Tier 1 (Preferred Generic drugs) Tier 2 (Preferred Brand drugs) Tier 3 (Non-Preferred Generic and Non- Preferred Brand drugs) Specialty drugs	No charge <u>Deductible</u> does not apply.	Provider balance bill	Not Covered	Plan Preauthorization is required for some drugs.See the Plan Formulary at http://www.mclarenhealthplan.org/com munity-member/marketplace-mhp.aspxOnly Brand Drugs are Covered. Plan Preauthorization is required. See the Plan Formulary at http://www.mclarenhealthplan.org/com munity-member/marketplace-mhp.aspx	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center) Physician/surgeon	No charge <u>Deductible</u> does	Provider balance bill	Not Covered	<u>Plan</u> <u>Preauthorization</u> for some services is required. See Section 8.2.1 of your Certificate of Coverage.	

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Common Medical Event	Services You May Need		What You Will Pay		
		Participating Provider	Non-Participating I/T/U Provider	Non- Participating & Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information
	fees	not apply.			
If you need immediate	Emergency room care	No charge <u>Deductible</u> does not apply.			None.
medical attention	Emergency medical transportation		Provider balance bill	Provider balance bill	Emergency medical transportation from a <u>Non-Participating Provider</u> may result in a <u>balance bill</u> . Urgent care from a <u>Non-Participating</u>
	Urgent care				Provider may result in a balance bill.
lf you have a hospital stay	Facility fee (e.g., hospital room) Physician/surgeon	No charge <u>Deductible</u> does not apply.	Provider balance bill	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)
If you need mental health, behavioral health, or substance abuse services	fees Outpatient services	No charge <u>Deductible</u> does	Provider balance bill	Not Covered	
	Inpatient services	not apply.			Plan Preauthorization is required for Inpatient services other than maternity to be Covered.
lf you are pregnant	Office visits Childbirth/delivery professional services Childbirth/delivery facility services	No charge <u>Deductible</u> does not apply.	Provider balance bill	Not Covered	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
If you need help recovering or have other special health needs	Home health care	No charge <u>Deductible</u> does	Provider balance bill	Not Covered	Plan Preauthorization is required for the service to be Covered. Housekeeping services and custodial care are excluded.
	Rehabilitation services	not apply.			Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Chiropractic services are limited to 20 visits of the 30 maximum.

	Services You May Need		What You Will Pay		
Common Medical Event		Participating Provider	Non-Participating I/T/U Provider	Non- Participating & Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information
If you need help recovering or have other special health needs	Habilitation services         Skilled nursing care         Durable medical         equipment         Hospice services	No charge <u>Deductible</u> does not apply.	Provider balance bill	Not Covered	Plan Preauthorization is required for the service to be Covered.Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum; 30 visits annual max for each. Chiropractic services are limited to 20 visits of the 30 maximum. Plan Preauthorization is required for the service to be Covered.60 days annual max Durable medical equipment that costs \$3,000 or more requires Plan Preauthorization.Inpatient hospice services require Plan Preauthorization.Aution SpectrumInpatient hospice services require Plan Preauthorization.
If your child needs dental or eye care	Children's eye exam Children's glasses	No charge <u>Deductible</u> does not apply.	Provider balance bill	Not Covered	Benefit maximum: 1 eye exam per calendar year. Benefit maximum: 1 pair of glasses per calendar year.
Fuched of Consistent & Ott	Children's dental check-up	Not Covered	Not Covered		Not Covered
Excluded Services & Otl		Check your policy or	r plan document for more inf	ormation and a list	of any other <u>excluded services</u> .)
<ul> <li>Abortions</li> <li>Acupuncture</li> <li>Cosmetic surgery</li> <li>Dental care (Pediatric)</li> <li>Dental care (Adult)</li> </ul>		<ul> <li>Hearing aids</li> <li>Long-term care</li> <li>Non-emergency care when traveling outside the U.S.</li> </ul>		<ul> <li>Private-duty nursing</li> <li>Routine eye care (Adult)</li> <li>Routine foot care</li> </ul>	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)         • Bariatric surgery       • Infertility services         • Chiropractic care       • Weight loss programs					

[\* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877-999-664 or <u>DIFS-HICAP@Michigan.gov</u>.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al (888) 327-0671.] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (888) 327-0671.] [Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (888) 327-0671.] [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (888) 327-0671.]

–To see examples of how this plan might cover costs for a sample medical situation, see the next section.–

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The total Peg would pay is

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal ca hospital delivery)		Managing Joe's type 2 Diab (a year of routine in-network care of controlled condition)	<b>Mia's Simple Fracture</b> (in-network emergency room visit and follow up care)		
The plan's overall deductible\$0Specialist [cost sharing]\$0Hospital (facility) [cost sharing]\$0Other [cost sharing]\$0		<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist [cost sharing]</u></li> <li>Hospital (facility) [cost sharing]</li> <li>Other [cost sharing]</li> <li>\$0</li> </ul>		<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> [cost sharing]</li> <li>Hospital (facility) [cost sharing]</li> <li>Other [cost sharing]</li> </ul>	
This EXAMPLE event includes service Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood of Specialist visit (anesthesia) Total Example Cost		This EXAMPLE event includes services Primary care physician office visits (included disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter Total Example Cost	ling	This EXAMPLE event includes se <u>Emergency room care</u> (including m supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutch <u>Rehabilitation services</u> (physical th <u>Total Example Cost</u>	nedical
	<b>Φ12,700</b>		<b>\$</b> 3,000	Total Example Cost	<b>\$2,000</b>
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0
<u>Copayments</u>	\$0	<u>Copayments</u>	\$0	<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0	<u>Coinsurance</u>	\$0	<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions \$60		Limits or exclusions	\$20	Limits or exclusions	\$0

The total Joe would pay is

\$60

\$0

The total Mia would pay is

\$20