| Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call Customer Service at (888) 327-0671. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call (888) 327-0671 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non-IHCP; or \$9,100/self-only or \$18,200/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$9,100/individual or \$18,200/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Copayments for certain services, premiums, balance billing charges and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See McLarenHealthPlan.org or call (888) 327-0671 for a list of network providers.	This plan uses a <u>provider</u> network. You will pay less if you use a provider in the <u>plan's</u> network (a " <u>Participating Provider</u> ". You will pay the most if you use a <u>non-Participating Provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>Provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . Note, however, that some services require <u>plan</u> <u>Preauthorization</u> in order to be covered.



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

			What You Will Pay			
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of-Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non- I/T/U Provider	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	None.
If you visit a boalth	<u>Specialist</u> visit	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage.
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/immunization	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge <u>Deductible</u> does not apply.	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	Plan Preauthorization is required for genetic testing.
If you have a test	Imaging (CT/PET scans, MRIs)	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	Plan Preauthorization is required.
If you need drugs to treat your illness or condition More information about prescription drug	Generic drugs (Tier 1) – Preferred Generic	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	Plan Preauthorization is required for some drugs. See the Plan Formulary at
	Preferred brand drugs (Tier 2) – Preferred	No charge <u>Deductible</u> does	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	http://www.mclarenhealthpla n.org/community-

^{[*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at McLarenHealthPlan.org.]

		What You Will Pay				
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of-Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non- I/T/U Provider	Limitations, Exceptions, & Other Important Information
coverage is available at	Brand	not apply.				member/marketplace- mhp.aspx
http://www.mclarenheal thplan.org/community- member/marketplace- mhp.aspx.	Non-preferred brand drugs (Tier 3) - Non- Preferred Generic and Non- Preferred Brand	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	
	Specialty drugs	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Only Brand Drugs are Covered. Plan Preauthorization is required. See the Plan Formulary at http://www.mclarenhealthplan. org/community- member/marketplace- mhp.aspx
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage.
surgery	Physician/surgeon fees	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage.
	Emergency room care	No charge <u>Deductible</u> does not apply.	No charge <u>Deductible</u> does not apply.	No charge after <u>Deductible</u>	No charge after <u>Deductible</u>	None.
If you need immediate medical attention	Emergency medical transportation	No charge <u>Deductible</u> does not apply.	No charge <u>Deductible</u> does not apply.	No charge after Deductible	No charge after <u>Deductible</u>	Emergency medical transportation from a Non-Participating Provider may result in a balance bill.
	Urgent care	No charge <u>Deductible</u> does not apply.	No charge <u>Deductible</u> does not apply.	No charge after <u>Deductible</u>	No charge after <u>Deductible</u>	Urgent care from a <u>Non-</u> <u>Participating Provider</u> may result in a <u>balance bill</u> .
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge <u>Deductible</u> does	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Plan Preauthorization is required for the service to be

 $^{[^*\} For\ more\ information\ about\ limitations\ and\ exceptions,\ see\ the\ \underline{plan}\ or\ policy\ document\ at\ McLarenHealthPlan.org.]$

		What You Will Pay				
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of-Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non- I/T/U Provider	Limitations, Exceptions, & Other Important Information
		not apply.				Covered (with the exception
	Physician/surgeon fees	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	of Maternity Care.)
If you need mental	Outpatient services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	None.
health, behavioral health, or substance abuse services	Inpatient services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	Plan Preauthorization is required for the service to be Covered. See Section 8.2.1 of your Certificate of Coverage
	Office visits	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e.
If you are pregnant	Childbirth/delivery professional services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	
	Childbirth/delivery facility services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	ultrasound.)
If you need help	Home health care	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Plan Preauthorization is required for the service to be Covered. Housekeeping services and custodial care are excluded.
recovering or have other special health needs	Rehabilitation services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Chiropractic services are

 $^{[^*\} For\ more\ information\ about\ limitations\ and\ exceptions,\ see\ the\ \underline{plan}\ or\ policy\ document\ at\ McLarenHealthPlan.org.]$

		What You Will Pay				
Common Medica Event	Services You May Need	In-Network I/T/U Provider	Out-of-Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non- I/T/U Provider	Limitations, Exceptions, & Other Important Information
						limited to 20 visits of the 30 visit maximum. Plan Preauthorization is required for the service to be Covered.
	Habilitation services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum; 30 visits annual max for each. Chiropractic services are limited to 20 of the 30 visit maximum. Plan Preauthorization is required for the service to be Covered.
	Skilled nursing care	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	60 days annual max
	Durable medical equipment	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	Durable medical equipment that costs \$3,000 or more requires Plan Preauthorization.
	Hospice services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	Inpatient hospice services require Plan Preauthorization. 45 days annual max for inpatient hospice services.
	Children's eye exam	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	Benefit maximum: 1 eye exam per calendar year.
If your child needs dental or eye care	Children's glasses	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	Benefit maximum: 1 pair of glasses per calendar year.
	Children's dental check- up	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortions
- Acupuncture
- Cosmetic surgery
- Dental care (Pediatric)
- Dental care (Adult)

- Hearing aids
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

Infertility services

Chiropractic care

Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877)-999-6442 or <u>DIFS-HICAP@Michigan.gov</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al (888) 327-0671.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (888) 327-0671.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (888) 327-0671.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (888) 327-0671.]

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$9100
■ Specialist [cost sharing]	0%
■ Hospital (facility) [cost sharing]	0%
■ Other [cost sharing]	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700		
In this example, Peg would pay:			
Cost Sharing			
<u>Deductibles</u>	\$9,100		
Copayments	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$9,160		

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$9100
■ Specialist [cost sharing]	0%
■ Hospital (facility) [cost sharing]	0%
■ Other [cost sharing]	0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$5,400	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$5,420	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$9100
■ Specialist [cost sharing]	0%
■ Hospital (facility) [cost sharing]	0%
■ Other [cost sharing]	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,800	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,800	