Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services Coverage Period: Beginning on or after 01/01/2023 McLaren Health Plan Community: Individual HMO-Bronze Saver | Coverage for: Single, Single + Spouse or Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call Customer Service at (888) 327-0671. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call (888) 327-0671 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$7,100/self-only or \$14,200/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible?</u>	Yes. Preventive care is covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$7,100/self-only or \$14,200/family (\$9,100 for an Individual in a Family)	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Copayments</u> for certain services, premiums, <u>balance-billing charges</u> and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the <u>out-of-pocket limit.</u>
Will you pay less if you use a <u>network provider</u> ?	Yes. See McLarenHealthPlan.org or call (888) 327-0671 for a list of <u>network providers</u> .	This plan uses a <u>provider</u> network. You will pay less if you use a provider in the <u>plan's</u> network (a " <u>Participating Provider</u> ". You will pay the most if you use a <u>non-Participating Provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>Provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . Note, however, that some services require <u>plan Preauthorization</u> in order to be covered.

[\* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) Page 1 of 6 (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

	Services You May Need	What You Will Pay			
Common Medical Event		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	No charge/visit	Not Covered	None.	
	<u>Specialist</u> visit	No charge/visit	Not Covered	Plan Preauthorization for some services is required. See Section 8.02.01 of your Certificate of Coverage.	
	Preventive care/screening/ immunization	No charge <u>Deductible</u> does not apply.	Not Covered	<u>Plan Preauthorization</u> for some services is required. See Section 8.02.01 of your Certificate of Coverage. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	No charge	Not Covered	Plan Preauthorization is required for genetic testing.	
	Imaging (CT/PET scans, MRIs)	No charge	Not Covered	Plan Preauthorization is required.	
	Tier 1 (Generic drugs)	No charge	Not Covered	Plan Preauthorization is required for some	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.[insert].com	Tier 2 (Preferred brand drugs)	No charge	Not Covered	drugs. See the Plan Formulary at <u>http://www.mclarenhealthplan.org/community-</u>	
	Tier 3 (Non-preferred brand drugs)	No charge	Not Covered	member/marketplace-mhp.aspx	
	Specialty drugs	No charge	Not Covered	Only Brand Drugs are Covered. <u>Plan</u> <u>Preauthorization</u> is required. See the Plan Formulary at <u>http://www.mclarenhealthplan.org/community-</u> <u>member/marketplace-mhp.aspx</u>	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge	Not Covered	Plan Preauthorization for some services is required. See Section 8.02.01 of your	
surgery	Physician/surgeon fees	No charge	Not Covered	Certificate of Coverage.	
If you need immediate	Emergency room care	No charge	No charge	None.	
medical attention	Emergency medical	No charge	No charge	Emergency medical transportation from a <u>Non-</u>	

[\* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

	Services You May Need	What Y	ou Will Pay		
Common Medical Event		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need immediate	transportation			Participating Provider may result in a <u>balance</u> bill.	
medical attention	<u>Urgent care</u>	No charge	No charge	Urgent care from a Non-Participating Provider may result in a <u>balance bill</u> .	
lf you have a hospital stay	Facility fee (e.g., hospital room)	No charge	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
	Physician/surgeon fees	No charge	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
If you need mental health, behavioral	Outpatient services	No charge	Not Covered	None.	
health, or substance abuse services	Inpatient services	No charge	Not Covered	Plan Preauthorization is required for the service to be Covered.	
	Office visits	No charge	Not Covered	Cost sharing does not apply for preventive	
lf you are pregnant	Childbirth/delivery professional services	No charge	Not Covered	services described elsewhere in the SBC (i.e.	
	Childbirth/delivery facility services	No charge	Not Covered	ultrasound.)	
If you need help recovering or have other special health needs	Home health care	No charge	Not Covered	Plan Preauthorization is required for the service to be Covered. Housekeeping services and custodial care are excluded.	
	Rehabilitation services	No charge	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Chiropractic services are limited to 20 visits of the 30 visit maximum. <u>Plan Preauthorization</u> is required for the service to be Covered.	

	Services You May Need	What You Will Pay			
Common Medical Event		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need help recovering or have other special health needs	Habilitation services	No charge	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Chiropractic services are limited to 20 visits of the 30 visit maximum. <u>Plan Preauthorization</u> is required for the service to be Covered.	
	Skilled nursing care	No charge	Not Covered	60 days annual max	
	Durable medical equipment	No charge	Not Covered	Durable medical equipment that costs \$3,000 or more requires Plan Preauthorization.	
	Hospice services	No charge	Not Covered	Inpatient hospice services require <u>Plan</u> <u>Preauthorization</u> . 45 days annual max for inpatient hospice services.	
If your child needs dental or eye care	Children's eye exam	No charge	Not Covered	Benefit maximum: 1 eye exam per calendar year.	
	Children's glasses	No charge	Not Covered	Benefit maximum: 1 pair of glasses per calendar year.	
	Children's dental check-up	Not Covered	Not Covered	Not Covered	

### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) Abortion ٠ Hearing aids • Acupuncture Private-duty nursing ٠ Long-term care Cosmetic surgery Routine eye care (Adult) ٠ Non-emergency care when traveling • Dental care (Pediatric) Routine foot care ٠ outside the U.S. Dental care (Adult) ٠

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Bariatric surgery

• Chiropractic care

- Infertility services
- Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877-999-664 or <u>DIFS-HICAP@Michigan.gov</u>.

# Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al (888) 327-0671.] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (888) 327-0671.] [Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (888) 327-0671.] [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (888) 327-0671.]

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

**PRA Disclosure Statement:** According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal ca hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		<b>Mia's Simple Fracture</b> (in-network emergency room visit and follow up care)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> [cost sharing]</li> <li>Hospital (facility) [cost sharing]</li> <li>Other [cost sharing]</li> </ul>	\$7100 <b>\$0</b> <b>\$0</b> <b>\$0</b>	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist [cost sharing]</u></li> <li>Hospital (facility) [cost sharing]</li> <li>Other [cost sharing]</li> </ul>	\$7100 \$0 \$0 \$0	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist [cost sharing]</u></li> <li>Hospital (facility) <u>[cost sharing]</u></li> <li>Other <u>[cost sharing]</u></li> </ul>	\$7,100 \$0 \$0 \$0 \$0
This EXAMPLE event includes service <u>Specialist</u> office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> ( <i>ultrasounds and blood</i> Specialist visit ( <i>anesthesia</i> )		This EXAMPLE event includes service <u>Primary care physician</u> office visits (inclu- disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose met	ding	This EXAMPLE event includes set <u>Emergency room care</u> (including me supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutche <u>Rehabilitation services</u> (physical the	dical
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$7,100	<u>Deductibles</u>	\$5,400	<u>Deductibles</u>	\$2,800
<u>Copayments</u>	\$0	<u>Copayments</u>	\$0	<u>Copayments</u>	\$0
Coinsurance	\$0	<u>Coinsurance</u>	\$0	<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$7,160	The total Joe would pay is	\$5,420	The total Mia would pay is	\$2,800