Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services Coverage Period: Beginning on or after 01/01/2023 McLaren Health Plan Community: Individual HMO-Silver Standard 87% | Coverage for: Single, Single + Spouse or Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call Customer Service at (888) 327-0671. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.McLarenHealthPlan.org or call (888) 327-0671 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$800/individual or \$1,600/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/.</u>
Are there other deductibles for specific services?	<u>No.</u>	There are no separate <u>deductible</u> for specific services.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	\$3,000/individual or \$6,000/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Copayments</u> for certain services, premiums, <u>balance-</u> <u>billing charges</u> and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See McLarenHealthPlan.org or call (888) 327-0671 for a list of <u>network providers</u> .	This plan uses a <u>provider</u> network. You will pay less if you use a provider in the <u>plan's</u> network (a " <u>Participating Provider</u> ". You will pay the most if you use a <u>non-Participating Provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>Provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . Note, however, that some services require plan <u>Preauthorization</u> in order to be covered.

[* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What Y	ou Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$20/visit <u>Deductible</u> does not apply.	Not Covered	None.	
	<u>Specialist</u> visit	\$40/visit <u>Deductible</u> does not apply.	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage.	
	Preventive care/screening/ immunization	No charge <u>Deductible</u> does not apply.	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	30% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for genetic testing.	
-	Imaging (CT/PET scans, MRIs)	30% Coinsurance	Not Covered	Plan Preauthorization is required.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at http://www.mclarenhealt hplan.org/community- member/marketplace- mhp.aspx	Generic drugs (Tier 1) – Preferred Generic	\$10/prescription <u>Deductible</u> does not apply.	Not Covered	Plan Preauthorization is required for some	
	Preferred brand drugs (Tier 2) – Preferred Brand	\$20/prescription <u>Deductible</u> does not apply.	Not Covered	drugs. See the Plan Formulary at http://www.mclarenhealthplan.org/community- member/marketplace-mhp.aspx	
	Non-preferred brand drugs (Tier 3) - Non-Preferred Generic and Non-Preferred Brand	\$60/prescription After <u>Deductible</u>	Not Covered		
	Specialty drugs	\$250/prescription After <u>Deductible</u>	Not Covered	Only Brand Drugs are Covered. <u>Plan</u> <u>Preauthorization</u> is required. See the Plan Formulary at <u>http://www.mclarenhealthplan.org/community-</u> <u>member/marketplace-mhp.aspx</u>	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% <u>Coinsurance</u>	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate	

		What Yo	ou Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Physician/surgeon fees	30% <u>Coinsurance</u>	Not Covered	of Coverage.	
If you need immediate	Emergency room care	30% <u>Coinsurance</u>	30% Coinsurance	None.	
medical attention	Emergency medical transportation	30% <u>Coinsurance</u>	30% <u>Coinsurance</u>	Emergency medical transportation from a <u>Non-Participating Provider</u> may result in a <u>balance</u> <u>bill</u> .	
	<u>Urgent care</u>	\$30/visit <u>Deductible</u> does not apply.	\$30/visit <u>Deductible</u> does not apply.	Urgent care from a Non-Participating Provider may result in a <u>balance bill</u> .	
lf you have a hospital stay	Facility fee (e.g., hospital room)	30% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
	Physician/surgeon fees	30% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
If you need mental health, behavioral	Outpatient services	\$20/visit	Not Covered	None.	
health, or substance abuse services	Inpatient services	30% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered.	
	Office visits	30% <u>Coinsurance</u>	Not Covered	Cast sharing doos not apply for proventive	
If you are pregnant	Childbirth/delivery professional services	30% <u>Coinsurance</u>	Not Covered	<u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Maternity care may include tests and	
,,	Childbirth/delivery facility services	30% <u>Coinsurance</u>	Not Covered	services described elsewhere in the SBC (i.e. ultrasound.)	
If you need help recovering or have other special health needs	Home health care	30% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered. Housekeeping services and custodial care are excluded.	
	Rehabilitation services	30% <u>Coinsurance</u>	Not Covered	Does not include Speech Therapy, Occupational Therapy, or Physical Therapy. Chiropractic services are limited to 20 visits of the 30 maximum. <u>Plan Preauthorization</u> is required for the service to be Covered.	

	Services You May Need	What You Will Pay			
Common Medical Event		Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need help recovering or have other special health needs	Habilitation services	30% <u>Coinsurance</u>	Not Covered	Does not include Speech Therapy, Occupational Therapy, or Physical Therapy. Chiropractic services are limited to 20 visits of the 30 maximum. <u>Plan Preauthorization</u> is required for the service to be Covered.	
	Speech Therapy, Occupational Therapy, and Physical Therapy	\$20 <u>Copayment</u> <u>Deductible</u> does not apply.	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each.	
	Skilled nursing care	30% Coinsurance	Not Covered	60 days annual max	
	Durable medical equipment	30% <u>Coinsurance</u>	Not Covered	Durable medical equipment that costs \$3,000 or more requires <u>Plan Preauthorization</u> .	
	Hospice services	30% <u>Coinsurance</u>	Not Covered	Inpatient hospice services require <u>Plan</u> <u>Preauthorization</u> . 45 days annual max for inpatient hospice services.	
If your child needs dental or eye care	Children's eye exam	30% Coinsurance	Not Covered	Benefit maximum: 1 eye exam per calendar year.	
	Children's glasses	30% Coinsurance	Not Covered	Benefit maximum: 1 pair of glasses per calendar year.	
	Children's dental check-up	Not Covered	Not Covered	Not Covered	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
 Abortion Acupuncture Cosmetic surgery Dental care (Pediatric) Dental care (Adult) 	 Hearing aids Long-term care Non-emergency care when traveling outside the U.S. 	Private-duty nursingRoutine eye care (Adult)Routine foot care		
Other Covered Services (Limitations m y apply to these services. This isn't a complete list. Please see your plan document.)				
Bariatric surgery	 Infertility services 			
Chiropractic care	Weight loss programs			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877-999-664 or <u>DIFS-HICAP@Michigan.gov</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al (888) 327-0671.] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (888) 327-0671.] [Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (888) 327-0671.] [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (888) 327-0671.]

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

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The total Peg would pay is



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> [cost sharing] Hospital (facility) [cost sharing] Other [cost sharing] 	\$800 \$40 30% 30%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> [cost sharing] Hospital (facility) [cost sharing] Other [cost sharing] 	\$800 \$40 30% 30%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist [cost sharing]</u> Hospital (facility) [cost sharing] Other [cost sharing] 	\$800 \$40 30% 30%
This EXAMPLE event includes servic Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood Specialist visit (anesthesia)	s work)	This EXAMPLE event includes services Primary care physician office visits (include disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter	ding er)	This EXAMPLE event includes service Emergency room care (including medi supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therap	cal Dy)
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$800	<u>Deductibles</u>	\$800	Deductibles	\$800
Copayments	\$0	<u>Copayments</u>	\$600	Copayments	\$200
Coinsurance	\$2,200	Coinsurance	\$100	Coinsurance	\$400
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0

The total Joe would pay is

\$3,060

\$1,400

The total Mia would pay is

\$1,520