# Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services Coverage Period: Beginning on or after 01/01/2023 McLaren Health Plan Community: Individual HMO-Gold 1400 VCP | Coverage for: Single, Single + Spouse or Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call Customer Service at (888) 327-0671. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary</u> or call (888) 327-0671 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$1,400/individual or \$2,800/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> , primary care services and Virtual Visits are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers <u>prescription drugs</u> and certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	<u>Prescription drugs</u> - \$0 individual or \$0 family	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	\$8,000/individual or \$16,000/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Copayments</u> for certain services, premiums, <u>balance-billing charges</u> and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See McLarenHealthPlan.org or call (888) 327-0671 for a list of <u>network providers</u> .	This plan uses a <u>provider</u> network. You will pay less if you use a provider in the <u>plan's</u> network (a " <u>Participating Provider</u> ". You will pay the most if you use a <u>non-Participating Provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>Provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . Note, however, that some services require <u>plan Preauthorization</u> in order to be covered.

[\* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$30/visit <u>Deductible</u> does not apply. No Charge for Virtual Visits.	Not Covered	None. Virtual Visits are limited to treatment received through McLaren Now.	
	<u>Specialist</u> visit	\$50/visit <u>Deductible</u> does not apply.	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage.	
	Preventive care/screening/ immunization	No charge <u>Deductible</u> does not apply.	Not Covered	<u>Plan Preauthorization</u> for some services is required. See Section 8.2.1 of your Certificate of Coverage. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	20% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for genetic testing.	
	Imaging (CT/PET scans, MRIs)	20% Coinsurance	Not Covered	Plan Preauthorization is required.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at http://www.mclarenhealt hplan.org/community- member/marketplace- mhp.aspx	Generic drugs (Tier 1) – Preferred Generic	\$10/prescription <u>Deductible</u> does not apply.	Not Covered		
	Preferred brand drugs (Tier 2) - Preferred Brand	\$60/prescription <u>Deductible</u> does not apply.	Not Covered	Plan Preauthorization is required for some drugs. See the Plan Formulary at <u>http://www.mclarenhealthplan.org/community-</u> member/marketplace-mhp.aspx	
	Non-preferred brand drugs (Tier 3) - Non-Preferred Generic and Non-Preferred Brand	50% <u>Coinsurance and</u> <u>Deductible</u> .	Not Covered	membermarketplace-mnp.aspx	
	Specialty drugs	50% <u>Coinsurance and</u> <u>Deductible</u> .	Not Covered	Only Brand Drugs are Covered. <u>Plan</u> <u>Preauthorization</u> is required. See the Plan Formulary at <u>http://www.mclarenhealthplan.org/community-</u> <u>member/marketplace-mhp.aspx</u>	

		What Y	ou Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate	
surgery	Physician/surgeon fees	20% Coinsurance	Not Covered	of Coverage.	
If you need immediate	Emergency room care	30% <u>Coinsurance after</u> Deductible	30% <u>Coinsurance after</u> Deductible	None.	
medical attention	Emergency medical transportation	30% Coinsurance	30% <u>Coinsurance</u>	Emergency medical transportation from a <u>Non-</u> <u>Participating Provider</u> may result in a <u>balance</u> <u>bill</u> .	
	Urgent care	\$60/visit <u>Deductible</u> does not apply.	\$60/visit <u>Deductible</u> does not apply.	Urgent care from a Non-Participating Provider may result in a <u>balance bill</u> .	
lf you have a hospital stay	Facility fee (e.g., hospital room)	30% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
	Physician/surgeon fees	30% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
If you need mental health, behavioral	Outpatient services	\$30/visit; No Charge for Virtual Visits.	Not Covered	None. Virtual Visits are limited to those specified in your Certificate of Coverage.	
health, or substance abuse services	Inpatient services	30% Coinsurance	Not Covered	Plan Preauthorization is required for the service to be Covered.	
	Office visits	20% <u>Coinsurance</u>	Not Covered	Cast charing doos not apply for proventive	
If you are pregnant	Childbirth/delivery professional services	30% <u>Coinsurance</u>	Not Covered	<u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)	
	Childbirth/delivery facility services	30% Coinsurance	Not Covered		
If you need help recovering or have other special health needs	Home health care	20% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered. Housekeeping services and custodial care are excluded.	
	Rehabilitation services	20% Coinsurance	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits	

		What Y	ou Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need help recovering or have other special health				annual max for each. Chiropractic services are limited to 20 visits of the 30 maximum. <u>Plan Preauthorization</u> is required for the service to be Covered.	
needs	Habilitation services	20% <u>Coinsurance</u>	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Chiropractic services are limited to 20 visits of the 30 maximum. <u>Plan Preauthorization</u> is required for the service to be Covered.	
	Skilled nursing care	20% <u>Coinsurance</u>	Not Covered	60 days annual max	
	Durable medical equipment	20% <u>Coinsurance</u>	Not Covered	Durable medical equipment that costs \$3,000 or more requires Plan Preauthorization.	
	Hospice services	20% <u>Coinsurance</u>	Not Covered	Inpatient hospice services require <u>Plan</u> <u>Preauthorization</u> . 45 days annual max for inpatient hospice services.	
If your child needs dental or eye care	Children's eye exam	20% Coinsurance	Not Covered	Benefit maximum: 1 eye exam per calendar year.	
	Children's glasses	20% Coinsurance	Not Covered	Benefit maximum: 1 pair of glasses per calendar year.	
	Children's dental check-up	Not Covered	Not Covered	Not Covered	

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) Abortion • Hearing aids • Acupuncture Private-duty nursing ٠ Long-term care Routine eye care (Adult) Cosmetic surgery ٠ Non-emergency care when traveling Dental care (Pediatric) Routine foot care ٠ outside the U.S. Dental care (Adult) . Other Covered Services (Limitations m ay apply to these services. This isn't a complete list. Pleas see your plan document.) Bariatric surgery Infertility services • •

[\* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

Chiropractic care

## • Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim, appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877-999-664 or <u>DIFS-HICAP@Michigan.gov</u>.

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? No

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al (888) 327-0671.] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (888) 327-0671.] [Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (888) 327-0671.] [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (888) 327-0671.]

—To see examples of how this plan might cover costs for a sample medical situation, see the next section.—

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The total Peg would pay is



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal ca hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		<b>Mia's Simple Fracture</b> (in-network emergency room visit and follow up care)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist [cost sharing]</u></li> <li>Hospital (facility) [<u>cost sharing</u>]</li> <li>Other [<u>cost sharing</u>]</li> </ul>	\$1400 \$50 30% 30%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist [cost sharing]</u></li> <li>Hospital (facility) [<u>cost sharing</u>]</li> <li>Other [<u>cost sharing</u>]</li> </ul>	\$1400 \$50 30% 30%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist [cost sharing]</u></li> <li>Hospital (facility) [<u>cost sharing</u>]</li> <li>Other [<u>cost sharing]</u></li> </ul>	\$1400 \$50 30% 30%
This EXAMPLE event includes service <u>Specialist</u> office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> ( <i>ultrasounds and blood</i> Specialist visit ( <i>anesthesia</i> )	3	This EXAMPLE event includes services <u>Primary care physician office visits (include</u> disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter	ling	This EXAMPLE event includes servic <u>Emergency room care</u> (including medic supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therap)	cal
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
		Cost Sharing	<b>•</b> • • • • • •		
Cost Sharing		Deductibles	\$1,400	Cost Charing	
Cost Sharing	¢1 400	<u>Copayments</u>	\$500	Cost Sharing	¢4.400
Deductibles	\$1,400	Coinsurance	\$1,200	Deductibles	\$1,400
Copayments	\$10	What isn't covered		<u>Copayments</u>	\$200
Coinsurance	\$3,100	Limits or exclusions	\$20	Coinsurance	\$200
What isn't covered		The total Joe would pay is	\$3,120	What isn't covered	<b>.</b>
Limits or exclusions	\$60			Limits or exclusions	\$0

\$4,570

\$1,800

The total Mia would pay is