The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call (888) 327-0671. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call (888) 327-0671 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non-IHCP; or \$3,700/individual or \$7,400/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers <u>prescription drugs</u> and certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	\$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non-IHCP; or Yes – Specialty drugs - \$500/individual or \$1,000/family	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,150/individual or \$16,300/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	<u>Copayments</u> for certain services, premiums, <u>balance-billing charges</u> and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See McLarenHealthPlan.org or call (888) 327-0671 for a list of network providers.	This plan uses a <u>provider network</u> . You will pay less if you use a <u>provider in the plan's network</u> (a " <u>Participating Provider</u> ". You will pay the most if you use a <u>non-Participating Provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>Provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . Note, however, that some services require <u>plan Preauthorization</u> in order to be covered.

<sup>[\*</sup> For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

			What \	You Will Pay		
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of- Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	No charge  Deductible does not apply.	Provider Balance Bill	\$30/visit <u>Deductible</u> does not apply.	Not Covered	None.
If you visit a health care provider's office or clinic	<u>Specialist</u> visit	No charge  Deductible does not apply.	Provider Balance Bill	\$65/visit After <u>Deductible</u>	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage.
OI CITIIC	Preventive care/screening/ immunization	No charge <u>Deductible</u> does not  apply.	Provider <u>Balance Bill</u>	No charge <u>Deductible</u> does not apply.	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
lf von hone a toot	<u>Diagnostic test</u> (x-ray, blood work)	No charge Deductible does not apply.	Provider Balance Bill	20% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for genetic testing.
If you have a test	Imaging (CT/PET scans, MRIs)	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required.

		What You Will Pay					
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of- Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.[insert].com	Tier 1 (Preferred Generic drugs)	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	\$10/prescription <u>Deductible</u> does not apply.	Not Covered	Plan Preauthorization is required for some drugs. See the Plan Formulary at <a href="http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx">http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx</a>	
	Tier 2 (Preferred Brand drugs)	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	\$75/prescription <u>Deductible</u> does not apply.	Not Covered		
	Tier 3 (Non-Preferred Generic and Non-Preferred Brand drugs)	No charge <u>Deductible</u> does not  apply.	Provider <u>Balance Bill</u>	\$125/prescriptio n <u>Deductible</u> does not apply.	Not Covered		
	Specialty drugs	No charge Deductible does not apply.	Provider Balance Bill	40% <u>Coinsurance</u> after <u>Pharmacy</u> <u>Deductible</u>	Not Covered	Only Brand Drugs are Covered. Plan Preauthorization is required. See the Plan Formulary at http://www.mclarenhealthplan.org/commun ity-member/marketplace-mhp.aspx	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	Plan Preauthorization for some services is	
surgery	Physician/surgeon fees	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	required. See Section 8.2.1 of your Certificate of Coverage.	
If you need immediate medical attention	Emergency room care	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	Emergency room care from a Non-Participating Provider may result in a balance bill.	

		What You Will Pay					
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of- Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information	
	Emergency medical transportation	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	20% <u>Coinsurance</u>	Emergency medical transportation from a Non-Participating Provider may result in a balance bill.	
	<u>Urgent care</u>	No charge <u>Deductible</u> does not  apply.	Provider <u>Balance Bill</u>	\$75/visit <u>Deductible</u> does not apply.	\$60/visit <u>Deductible</u> does not apply	Urgent care from a Non-Participating Provider may result in a balance bill.	
If you have a hospital	Facility fee (e.g., hospital room)	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
stay	Physician/surgeon fees	No charge  Deductible does not apply.	Provider Balance Bill	20% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)	
If you need mental health, behavioral	Outpatient services	No charge  Deductible does not apply.	Provider Balance Bill	\$30/visit <u>Deductible</u> does not apply	Not Covered	None.	
health, or substance abuse services	Inpatient services	No charge <u>Deductible</u> does not  apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered.	
If you are pregnant	Office visits	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)	

			What \	'ou Will Pay		
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of- Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information
	Childbirth/delivery professional services	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	
	Childbirth/delivery facility services	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	
	Home health care	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered. Housekeeping services and custodial care are excluded.
If you need help recovering or have other special health needs	Rehabilitation services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Chiropractic services are limited to 20 visits of the 30 maximum. Plan Preauthorization is required for the service to be Covered.
	Habilitation services	No charge <u>Deductible</u> does not  apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Chiropractic services are limited to 20 visits of the 30 maximum. Plan Preauthorization is required for the service to be Covered.
	Skilled nursing care	No charge <u>Deductible</u> does not  apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	60 days annual max

	Services You May Need	What You Will Pay				
Common Medical Event		In-Network I/T/U Provider	Out-of- Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information
	Durable medical equipment	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	Durable medical equipment that costs \$3,000 or more requires Plan Preauthorization
	Hospice services	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	Inpatient hospice services require <u>Plan</u> <u>Preauthorization</u> . 45 days annual max for inpatient hospice services.
	Children's eye exam	No charge  Deductible does not apply.	Provider <u>Balance Bill</u>	20% <u>Coinsurance</u>	Not Covered	Benefit maximum: 1 eye exam per calendar year.
If your child needs dental or eye care	Children's glasses	No charge  Deductible does not apply.	Provider Balance Bill	20% <u>Coinsurance</u>	Not Covered	Benefit maximum: 1 pair of glasses per calendar year.
	Children's dental check-up	Not covered	Not Covered	Not Covered	Not Covered	Not Covered

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion
- Acupuncture
- Cosmetic surgery
- Dental care (Pediatric)
- Dental care (Adult)

- Hearing aids
- Long-term care
  - Non-emergency care when traveling outside the U.S.

- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

Bariatric surgery

- Infertility services
- Chiropractic care Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877-999-664 or <u>DIFS-HICAP@Michigan.gov</u>.

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al (888) 327-0671.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (888) 327-0671.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (888) 327-0671.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (888) 327-0671.]

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

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#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible \$3,700

■ Specialist [cost sharing]

\$65

■ Hospital (facility) [cost sharing]

Other [cost sharing]

20%

20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this avample Dag would nave

in this example, Pey Would pay.						
Cost Sharing	Cost Sharing					
<u>Deductibles</u>	\$3,700					
Copayments	\$0					
Coinsurance	\$1,800					
What isn't covered						
Limits or exclusions	\$60					
The total Peg would pay is	\$5,560					

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a wellcontrolled condition)

■ The plan's overall deductible \$3,700

■ Specialist [cost sharing]

■ Hospital (facility) [cost sharing]

Other [cost sharing]

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

**Prescription drugs** 

Durable medical equipment (alucose meter)

## In this example, Joe would pay:

Cost Sharing					
<u>Deductibles</u>	\$1,700				
Copayments	\$1,200				
Coinsurance	\$0				
What isn't covered					
Limits or exclusions	\$20				
The total Joe would pay is	\$2,960				

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible \$3,700

■ Specialist [cost sharing]

\$65 ■ Hospital (facility) [cost sharing] 20%

Other [cost sharing]

\$65

20%

20%

20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

#### In this example, Mia would pay:

Cost Sharing				
<u>Deductibles</u>	\$2,800			
<u>Copayments</u>	\$0			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$0			
The total Mia would pay is	\$2,800			

Note: These numbers assume the patient received care from an IHCP <u>provider</u> or with IHCP <u>referral</u> at a non-IHCP. If you receive care from a non-IHCP <u>provider</u> without a referral from an IHCP your costs may be higher.