

# **Your Rights and Protections Against Surprise Medical Bills**

When you get emergency care or get treated by an out-of-network provider at an in-network hospital or ambulatory surgical center, you are protected from surprise billing or balance billing.

## What is "balance billing" (sometimes called "surprise billing")?

When you see a doctor or other health care provider, you may owe certain out-of-pocket costs, such as a copayment, coinsurance, and/or a deductible. You may have other costs or have to pay the entire bill if you see a provider or visit a health care facility that isn't in your health plan's network.

"Out-of-network" describes providers and facilities that haven't signed a contract with your health plan. Out-of-network providers may be permitted to bill you for the difference between what your plan agreed to pay and the full amount charged for a service. This is called "balance billing." This amount is likely more than in-network costs for the same service and might not count toward your annual out-of-pocket limit.

"Surprise billing" is an unexpected balance bill. This can happen when you can't control who is involved in your care—like when you have an emergency or when you schedule a visit at an in-network facility but are unexpectedly treated by an out-of-network provider.

## You are protected from balance billing for:

#### **Emergency services**

If you have an emergency medical condition and get emergency services from an out-of-network provider or facility, the most the provider or facility may bill you is your plan's in-network cost-sharing amount (such as copayments and coinsurance). You **can't** be balance billed for these emergency services. This includes services you may get after you're in stable condition, unless you give written consent and give up your protections not to be balanced billed for these post-stabilization services.

In general, Michigan law prohibits surprise bills for emergency services covered by the plan provided by an out-of-network provider at an in-network facility or provided by an out-of-network facility. In these scenarios, the out-of-network provider or facility must accept either 150% of the Medicare fee or the median amount negotiated by us for the region and provider specialty, whichever was greater.

#### Certain services at an in-network hospital or ambulatory surgical center

When you get services from an in-network hospital or ambulatory surgical center, certain providers there may be out-of-network. In these cases, the most those providers may bill you is your plan's in-network cost-sharing amount. This applies to emergency medicine, anesthesia, pathology, radiology, laboratory, neonatology, assistant surgeon, hospitalist, or intensivist services. These providers **can't** balance bill you and may **not** ask you to give up your protections not to be balance billed.

If you get other services at these in-network facilities, out-of-network providers **can't** balance bill you, unless you give written consent and give up your protections.

You're <u>never</u> required to give up your protections from balance billing. You also aren't required to get care out-of-network. You can choose a provider or facility in your plan's network.

In general, Michigan law prohibits surprise bills for non-emergency services covered by the plan if the services are provided by an out-of-network provider at an in-network facility and:

- You don't have the ability or opportunity to choose an in-network provider, or
- The out-of-network provider didn't provide you with the required disclosure, or
- You receive the services from an out-of-network provider at an in-network facility when you were an
  emergency patient and admitted to the hospital within 72 hours after receiving services in the facility's
  emergency room

When the situations above occur, the out-of-network provider or facility must accept either 150% of the Medicare fee or the median amount negotiated by us for the region and provider specialty, whichever was greater.

### When balance billing isn't allowed, you also have the following protections:

- You are only responsible for paying your share of the cost (like the copayments, coinsurance, and deductibles that you would pay if the provider or facility was in-network). Your health plan will pay out-ofnetwork providers and facilities directly.
- Your health plan generally must:
  - Cover emergency services without requiring you to get approval for services in advance (prior authorization).
  - Cover emergency services by out-of-network providers.
  - o Base what you owe the provider or facility (cost-sharing) on what it would pay an in-network provider or facility and show that amount in your explanation of benefits.
  - Count any amount you pay for emergency services or out-of-network services toward your deductible and out-of-pocket limit.

**If you believe you've been wrongly billed**, you may contact Customer Service at 888-327-0671. You may also contact the Department of Insurance and Financial Services (DIFS) at 833-ASK-DIFS (833-275-3437) or 877-999-6442 to file a complaint, or you may also contact CMS through the No Surprises Helpdesk at 1-800-985-3059.

Visit <a href="https://www.michigan.gov/difs/0,5269,7-303--561696--,00.html">www.cms.gov/nosurprises</a> for more information about your rights under federal law. Visit <a href="https://www.michigan.gov/difs/0,5269,7-303--561696--,00.html">https://www.michigan.gov/difs/0,5269,7-303--561696--,00.html</a> for more information about your rights under Michigan laws.