

Prenatal care is an important part of staying healthy during pregnancy, but just as important is the postpartum or post-delivery care. Timely, high quality postpartum care is essential for maximizing maternal and newborn health. McLaren Health Plan (MHP) is committed to promoting healthy lifestyles to our members. Please **join us** in this effort by ensuring these important services are provided routinely and timely to pregnant women.

PRENATAL SERVICES

A member's initial prenatal visit should be completed within the first trimester or within 42 days of enrollment. Any visit to a PCP, OB-GYN or other prenatal care practitioner with one of the following services counts as a prenatal visit:

- Obstetric panel
- TORCH antibody panel
- Documented LMP or EDD with either a completed obstetric history or risk assessment and counseling/education
- Ultrasound of pregnant uterus
- Pregnancy-related diagnosis code
- Rubella antibody/titer with Rh incompatibility

**If you are billing global maternity codes, ensure that you report the initial prenatal visit using CPT II code 0500F and the earliest visit date.

POST PARTUM SERVICES

A member's postpartum visit should occur within 7 to 84 days after delivery. A postpartum exam should include notes regarding the following:

- Weight, BP, breast and abdominal evaluation, breastfeeding status, incompatibility blood typing
- Postpartum check, postpartum care, six-week check notation or pre-printed *Postpartum Care* form
- Pelvic Exam

**If you are billing global maternity codes, ensure that you report the postpartum visit using CPT II code 0503F and the visit date.

Additional outreach is provided to our pregnant women. Our *McLaren Moms* program is available for all pregnant women. The program provides access to a nurse case manager, and multiple educational mailings with information on a healthy pregnancy. The nurse case manager is available to assist with high needs members, routine postpartum follow-up education and planning. **Please contact us with any pregnant members** and we will include them in our *McLaren Moms* program.

We look forward to working in partnership with you to assist our members in achieving optimal health. If you would like a list of your assigned patients who need these services or if you have questions or would like more information, please email us at MHPOutreach@mclaren.org.

Remember to talk to your patients about tobacco cessation. MHP has a free tobacco cessation program for MHP Community and Medicaid members. Call 800-784-8669 for more information.

Thank you for the quality care you deliver!

PCP Feedback (Please print)	Comments, requests, questions, etc.: FAX to 810-600-7985
PCP Name/Office Name: _____	
Name: _____	Phone: _____
Email: _____	