Quality Quick Tips

SEPTEMBER 2019 WOMEN'S HEALTH



McLaren Health Plan (MHP) is committed to promoting healthy lifestyles to our members. Please **join us** in this effort by providing the following preventive screenings for women:

- Mammograms are recommended every two years for women 50-74 years of age.
- **Cervical cancer screening** is recommended every 1-5 years for women 21-64 years of age. This can be one of the following services:
 - Cervical cytology (Age 21-64 every 1-3 years);
 - o Cervical high-risk HPV testing (Age 30-64 every 1-5 years) or
 - Cervical cytology and high-risk HPV co-testing (Ages 30-64, every 1-5 years)
- Chlamydia testing is recommended for all women 16-24 years of age (and males 16-18 years of age.)

SEE THE INCLUDED INCENTIVE PAYMENT FLYERS FOR CHLAMYDIA AND BREAST CANCER SCREENINGS

MHP measures the success of our outreach programs. A continued focus and a strong partnership with you will aid in providing these important screenings to all eligible members. Please help our members get these important tests by scheduling an office visit that includes preventive screenings. If we can assist your office by contacting these members, or if you would like a list of your patients who have not received these tests, please email us at MHPOutreach@mclaren.org.

Health Screening Measure	Current screening rate	Goal screening rate
Mammogram 50-74 year old	62%	64%
Pap smear 21-64 year old	65%	66%
Chlamydia testing 16-24 year old	59%	65%

Additional outreach is provided to our pregnant women. Our *McLaren Moms* program is available for all pregnant women. The program provides access to a nurse case manager, and multiple educational mailings with information on a healthy pregnancy. The nurse case manager is available to assist with high needs members, routine postpartum follow-up education and planning. Please contact us with any pregnant members and we will include them in our *McLaren Moms* program.

We look forward to working in partnership with you to assist our members in achieving optimal health. If you would like a list of your assigned patients who need these services or if you have questions or would like more information, please email us at MHPOutreach@mclaren.org.

Remember to talk to your patients about tobacco cessation. MHP has a free tobacco cessation program for MHP Community and Medicaid members. Call 800-784-8669 for more information.

Thank you for the quality care you deliver!

PCP Feedback (Please print)	Comments, requests, questions, etc.: FAX to 810-600-7985	
PCP Name/Office Name:		
Name:	Phone:	
Email:		

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