





2022 Community Health Needs Assessment & Implementation Strategy

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Community Health Needs Assessment (CHNA) Purpose

The Patient Protection and Affordable Care Act (PPACA) passed by Congress in March 2010 set forth additional requirements that hospitals must meet in order to maintain their status as a 501(c)(3) Charitable Hospital Organization. One of the main requirements states that a hospital must conduct a Community Health Needs Assessment (CHNA) and must adopt an implementation strategy to meet the community health needs identified through the assessment.

The CHNA report must document how the assessment was done, including the community served and an assessment of the health needs of the community. The facility must solicit and consider input from people who represent the broad interests of the community served by the hospital, including those with special knowledge of or expertise in public health. A written report must document the CHNA and be adopted by an authorized body of the hospital. The written report must be made public and a means to collect input must be in place. The report also includes a description of the impact of implemented strategies identified in the previous implementation strategy report.

The CHNA process was completed in 2022 and was conducted in compliance with current federal requirements. This 2022 assessment is the fourth such assessment conducted since the ACA was enacted and builds upon the information and understanding that resulted from the four previous assessments. This assessment includes feedback from the community and experts in public health, clinical care and others. This CHNA serves as the basis for implementation strategies that are required to be filed with the IRS as part of the hospital organization's 2022 Form 990, Schedule H.

Summary of Prioritized Needs

The CHNA team at McLaren Port Huron evaluated data and input sources collected to prioritize the major issues impacting the community we serve. Criteria included the number of persons affected by the various factors analyzed, the seriousness of the issues, the health needs of persons living in poverty or reflected other disparities and availability of community resources to address the needs. Strategic goals, community input and a review of the existing community benefit activities also guided this plan.

The 2022 CHNA has identified the following needs that will be addressed FY23-FY25:

- 1. Health and wellness addressing chronic disease prevention and management, healthy behaviors to prevent obesity and overweight and trauma/injury prevention.
- 2. Access to health addressing health inequities for LGBTQ+ and other high-risk populations and building the talent pipeline to meet future health care needs.

INTRODUCTION/BACKGROUND

About McLaren Port Huron

McLaren Port Huron is a 186-bed non-profit hospital located in Port Huron, Michigan. A community hospital founded in 1882, it has a strong history of providing quality, compassionate care to residents living in St. Clair and Sanilac Counties and has earned repeated recognition for both clinical excellence and patient safety from nationally renowned health care rating organizations. McLaren Port Huron makes many health care specialties available to area residents, including cardiovascular care, cancer services, orthopedic care and general, bariatric and robotic-assisted surgeries. Also available at the hospital are board-certified emergency physicians and nurses who staff the county's busiest emergency center, family birthing services and the only accredited sleep center in the region. McLaren Health Care Corporation, headquartered in Grand Blanc, Michigan, is a fully integrated health network, committed to quality, evidence-based patient care and cost efficiency.

About McLaren Port Huron Community Benefit

For more than 140 years, McLaren Port Huron has been committed to making a difference in the health of the communities we serve. Community benefit activities take on several forms from educational programs to free or low-cost health screenings to charity care. We realize that good health extends beyond the doctor's office and the hospital. It must be engrained within the community: fresh fruits and vegetables in neighborhood stores, successful schools, clean air, accessible parks, walkable neighborhoods and safe playgrounds. For many years, McLaren Port Huron has worked side-by-side with its community partners to address and support serious public health issues such as substance abuse, obesity, access to care and mental health services. Staff have conducted Community Health Needs Assessments to better understand the communities' resources and unique needs.

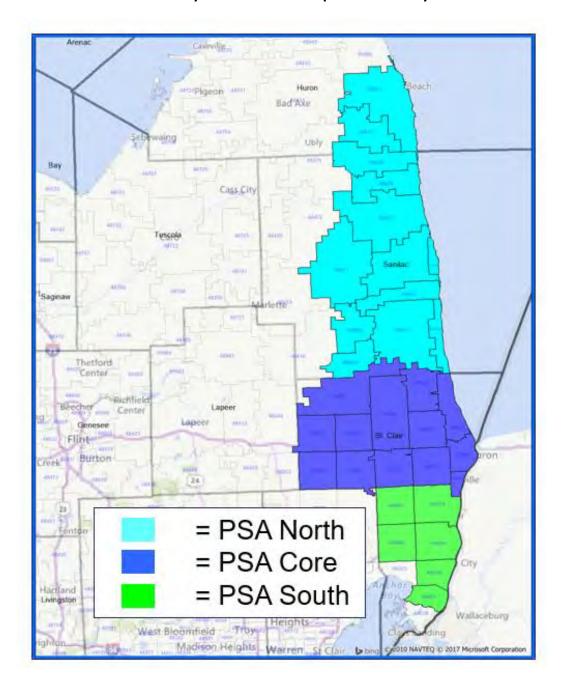
McLaren Port Huron's Approach to CHNA

McLaren Port Huron continually works with community partners to improve the health of its residents. The CHNA requirements have provided an opportunity to revisit our needs assessment and strategic planning processes with a focus on enhanced compliance and transparency. With this assessment and the four previous CHNAs, the intent is to develop and implement a transparent, rigorous and collaborative approach to understanding the needs and assets in our communities. From data collection and analysis to the identification of prioritized needs and the development of an implementation strategy, the purpose was to develop a process that would yield meaningful results.

McLaren Port Huron's Definition of Community Served

For the purpose of this assessment, *community* is defined as primary and secondary services areas, including St. Clair and Sanilac counties. The target population of the assessment reflects an overall representation of the communities served by McLaren Port Huron.

McLaren Port Huron's Primary Service Area—Map of Community Served



The Primary Service Area (PSA) definition reflects historical discharge activity depicting patient origin, consumer preference and utilization of available services in the defined market.

Market Share	2020	2021	2022 (Q1 & Q2)
Core	56.8%	56.3%	58.6%
North	42.4%	43.3%	44.6%
South	19%	16.9%	19%
TOTAL MARKET	46%	45.5%	47.7%

Geographic description of the community served

McLaren Port Huron is located in northeast St. Clair County. Market share analysis indicates the largest area surrounding Port Huron and heading west and north into Sanilac County. Data on population, age, race and poverty levels provided additional information about McLaren Port Huron's service area and individuals served.

Demographic profile of community served through data:

Profile of Service Areas

	St. Clair County, Michigan	Sanilac County, Michigan	State of Michigan
Population estimates (July 1, 2019)	159,128	41,170	9,986,857
Population rank among counties	13 of 83	40 of 83	n/a

Source: www.mdch.state.mi.us

Estimated Population of St. Clair County, 2019,

by Race, Sex and Five-year Age Groups

Age Groups		White	Black		Black Asian & Pacific Islander			Native American				
	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
All Ages	151,519	75,267	76,252	5,179	2,717	2,462	1,291	565	726	1,139	562	577
<1	1,313	673	640	82	41	41	18	9	9	13	7	6
1-4	5,885	3,034	2,851	388	200	188	46	22	24	72	32	40
5-9	8,084	4,169	3,915	495	243	252	75	35	40	72	38	34
10-14	9,101	4,686	4,415	505	274	231	88	47	41	81	41	40
15-19	9,073	4,742	4,331	471	243	228	101	47	54	58	29	29
20-24	8,274	4,322	3,952	403	216	187	60	27	33	75	36	39
25-29	8,961	4,630	4,331	425	232	193	114	58	56	92	57	35
30-34	8,014	4,075	3,939	324	199	125	90	37	53	87	47	40
35-39	8,289	4,082	4,207	274	157	117	83	30	53	61	26	35
40-44	8,537	4,191	4,346	249	145	104	82	24	58	75	34	41
45-49	10,045	4,960	5,085	255	122	133	102	40	62	73	36	37
50-54	11,378	5,719	5,659	282	146	136	91	32	59	78	38	40

55-59	12,558	6,279	6,279	256	142	114	85	44	41	100	51	49
60-64	11,950	5,897	6,053	255	131	124	60	18	42	91	37	54
65-69	9,969	4,869	5,100	197	96	101	57	26	31	41	23	18
70-74	7,840	3,771	4,069	134	61	73	62	27	35	34	17	17
75-79	5,476	2,498	2,978	74	33	41	45	27	18	14	4	10
80-84	3,414	1,460	1,954	57	22	35	14	8	6	14	7	7
85+	3,358	1,210	2,148	53	14	39	18	7	11	8	2	6

Source: www.mdch.state.mi.us/

Estimated Population of Sanilac County, 2019,

by Race, Sex and Five-year Age Groups

Age		White			Black		Asian & I	Pacific Islan	ider	N	ative Ame	rican
Groups	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
All Ages	40,292	20,073	20,219	384	221	163	193	85	108	301	165	136
<1	412	212	200	6	3	3	2	1	1	4	2	2
1-4	1,698	860	838	37	20	17	6	6	-	9	4	5
5-9	2,295	1,192	1,103	47	23	24	7	2	5	27	14	13
10-14	2,531	1,266	1,265	41	20	21	9	7	2	15	9	6
15-19	2,429	1,246	1,183	42	19	23	21	10	11	24	15	9
20-24	2,096	1,082	1,014	29	17	12	20	6	14	20	12	8
25-29	2,143	1,099	1,044	30	21	9	15	10	5	26	14	12
30-34	1,984	994	990	22	14	8	3	1	2	12	10	2
35-39	2,089	1,061	1,028	25	19	6	18	8	10	18	12	6
40-44	2,163	1,079	1,084	13	10	3	16	5	11	19	10	9
45-49	2,360	1,198	1,162	19	12	7	9	7	2	15	7	8
50-54	2,630	1,250	1,380	7	6	1	12	6	6	24	15	9
55-59	3,186	1,643	1,543	23	13	10	12	4	8	26	13	13
60-64	3,271	1,610	1,661	23	12	11	9	2	7	25	13	12
65-69	3,000	1,511	1,489	5	4	1	15	5	10	10	2	8
70-74	2,231	1,075	1,156	4	2	2	4	2	2	10	6	4
75-79	1,686	794	892	4	2	2	7	1	6	7	2	5
80-84	1,141	510	631	2	1	1	4	-	4	6	3	3
85+	947	391	556	5	3	2	4	2	2	4	2	2

Source: www.mdch.state.mi.us/

American Community Survey, Poverty Status in past 12 months (2020)

	St. Clair County	Sanilac County
Median household income	\$53,641	\$44,417
Persons in poverty	12.4%	14.8%

Source: www.data.census.gov

American Community Survey, Poverty Status in past 12 months (2020)

	St.	Clair County		Sanilac County			
	Total Estimate	Below poverty level Estimate	% Below Poverty Level Estimate	Total Estimate	Below poverty level Estimate	% Below Poverty Level Estimate	
Population for whom poverty status is determined	157,238	19,576	12.4	40,540	5,999	14.8	
AGE							

Under 18 years	32,412	6,055	18.7	8,496	1,882	22.2
Under 5 years	7,744	1,394	18	2,087	581	27.8
5 to 17 years	24,668	4,661	18.9	6,409	1,301	20.3
Related children under 18 years	32,135	5,778	18	8,418	1,805	21.4
18 to 64 years	95,638	11,479	12	23,348	3,272	14
18 to 34 years	29,988	4,756	15.9	7,113	1,366	19.2
35 to 64 years	65,650	6,723	10.2	16,235	1,906	11.7
60 years and over	40,983	3,144	7.7	11,902	1,197	10.1
65 years and over	29,188	2,042	7	8,696	845	9.7
SEX	23,233	2,0.2	1	0,000	0.0	-
Male	78,101	8,263	10.6	20,125	2,483	12.3
Female	79,137	11,313	14.3	20,123	3,516	17.2
RACE AND HISPANIC OR LATINO ORIGIN	73,137	11,515	14.5	20,413	3,310	17.2
White alone	146,794	16,977	11.6	39,065	5,724	14.7
Black or African American alone	3,537	880	24.9		57	36.8
				155		
American Indian and Alaska Native alone	261	23	8.8	81	11	13.6
Asian alone	800	56	7	114	43	37.7
Native Hawaiian and Other Pacific Islander alone	52	8	15.4	4	0	0
Some other race alone	946	190	20.1	259	56	21.6
Two or more races	4,848	1,442	29.7	862	108	12.5
Hispanic or Latino origin (of any race)	5,347	992	18.6	1,538	334	21.7
White alone, not Hispanic or Latino	143,183	16,318	11.4	38,074	5,511	14.5
EDUCATIONAL ATTAINMENT						
Population 25 years and over	112,247	11,617	10.3	29,072	3,553	12.2
Less than high school graduate	9,476	2,429	25.6	3,013	779	25.9
High school graduate	37,628	4,509	12	12,114	1,634	13.5
Some college, associate's degree	43,588	3,860	8.9	9,598	981	10.2
Bachelor's degree or higher	21,555	819	3.8	4,347	159	3.7
EMPLOYMENT STATUS						
Civilian labor force 16 years and over	78,114	6,036	7.7	19,097	1,586	8.3
Employed	72,936	4,389	6	17,935	1,179	6.6
Male	39,192	1,532	3.9	9,709	474	4.9
Female	33,744	2,857	8.5	8,226	705	8.6
Unemployed	5,178	1,647	31.8	1,162	407	35
Male	3,020	937	31	677	237	35
Female	2,158	710	32.9	485	170	35.1
			-1	1	-1	

Source: www.data.census.gov

County Demographics 2022

	St. Clair County	Sanilac County	Michigan
SOCIO-ECONOMIC			
Uninsured	6%	9%	7%
High school graduation	91%	90%	90%
Unemployment	12.0%	9.7%	9.9%

Children in poverty	18%	22%	17%
Children in single parent households	26%	23%	18%
HEALTH BEHAVIORS			
Smoking	21%	23%	20%
Obesity	37%	40%	36%
Physical Inactivity	25%	29%	25%
Excessive Drinking	23%	21%	20%
CLINICAL CARE			
Primary care physicians	2,120:1	3,740:1	1,250:1
Mental health providers	380:1	550:1	330:1
Preventable hospital stays	5,568	4,154	4,357

Source: www.countyhealthrankings.org

COMMUNITY HEALTH NEEDS ASSESSMENT PROCESS

A hospital CHNA workgroup was established to develop this CHNA which evaluated quantitative data review and analysis, literature review to identify state and national benchmarks and evidence-based strategies that relate to the indicators/metrics measured through the quantitative data source and qualitative data provided through a community health assessment and survey.

This CHNA includes information and data that was derived from a county-wide health assessment that began in 2021, when the St. Clair County Health Department commissioned VIP Research and Evaluation to conduct an independent Community Health Assessment and Behavioral Risk Factor Survey. This survey focused on evaluating social indicators such as crime rates, education and poverty rates; community characteristics such as resources, collaboration and volunteerism; physical health status indicators such as life expectancy, mortality, physical health, chronic conditions, chronic pain and weight status; mental health status indicators such as psychological distress, poor mental health and suicide; health risk behaviors such as smoking and tobacco use, drinking, diet and physical activity; clinical preventative measures such as cancer screening and oral health; resiliency and social support; adverse childhood experiences (ACEs); disparities in health; positive and negative health indicators; accessibility of health care; barriers to health care; gaps in health care services or programs and feedback on COVID-19, including prevalence of COVID-19 vaccination and the pandemic's impact on area residents.

McLaren Port Huron participated in this region-wide effort with various health and human services agencies including: Blue Water Community Action, Blue Water Developmental Housing, Blue Water Transit, Community First Health Centers, Council on Aging, Faith Community, Michigan Department of Health & Human Service, NAACP, Pharmacists Association, St. Clair County Administrator, St. Clair County Community College, St. Clair County

Community Mental Health, St. Clair County Department of Veteran's Affairs, St. Clair County Health Department, St. Clair County Medical Society, St. Clair County Metro Planning, St. Clair County RESA, United Way of SCC and the Visiting Nurse Association. This allowed non-profit organizations to take advantage of economies of scale and to avoid overburdening the community with multiple requests for information.

The 2021 St. Clair County CHA involved the collection of primary and secondary data from a variety of sources and using multiple methodologies. A Behavioral Risk Factor Survey was conducted among 1,000 St. Clair County adults via telephone, as well as a self-administered paper survey to more targeted subpopulations of underserved residents (e.g., uninsured, low income). Health care professionals and other community leaders, known as key stakeholders or key informants, provided input via in-depth interviews and an online survey.

Health indicators, such as leading causes of death, disease rates, health risk behaviors, access to health care and review of county health rankings were collected and analyzed. Combining this analysis, input from the health and human service public agencies, community-based organizations, policy makers and the community members, provided a basis to prioritize the current health of the community and how McLaren Port Huron could best impact these needs. This allowed for data collection across a broad range of indicators relating to overall population health, social determinants of health including geographic/location difference in health outcomes, and the needs of disadvantaged populations including uninsured persons, lowincome persons, and minority groups within St. Clair and Sanilac counties. A hospital workgroup prioritized/ranked the list of health needs via a multiple criterion scoring system.

COMMUNITY INPUT

Community input was provided by a broad range of community members via community groups, health providers, key informant interviews and surveys. Individuals with the knowledge, information and expertise relevant to the health needs of the community were consulted. These individuals included representatives from the local health department, local human and social service agencies as well as leaders, representatives, or members of medically underserved, low-income and minority populations. Additionally, where applicable, other individuals with expertise in local health needs were consulted.

Input addressing the medically underserved, low-income and minority populations are discussed at community programs, such as the St. Clair County Community Service Coordinating Body. Agencies including the St. Clair County Health Department, the Department of Health and Human Services, Community First Health Centers and the Blue Water Community Action agency provide updates on their programs that serve the minority populations as well as provide input on initiatives in which the hospital can support.

The 2021 St. Clair County CHA process identified the following priority issues for the community:

- 1. The COVID-19 pandemic had a broad and deep impact on the well-being of St. Clair County residents, especially the underserved
- 2. Mental health continues to be a critical issue, especially with regard to access to treatment
- 3. Chronic disease rates are higher than the state or national rates and many are higher than the local rates from 2016
- 4. Obesity (and being overweight): the vast majority of adults are either overweight or obese and the proportion of the latter has increased notably
- 5. Substance abuse has been an issue for a decade, although certain aspects of it have improved (e.g., opioid addiction, over-prescription)
- 6. Addressing certain social determinants of health, such as affordable housing, access to affordable and healthy food, and safe spaces, will improve the overall health and health care climate of the region
- 7. Certain risk behaviors, such as lack of exercise, lack of adequate fruit/vegetable consumption, smoking, and binge drinking remain issues
- 8. Access to care can still be summed up as a case of those who have and those who have not; however, access has improved while health disparities exist across several demographic groups

Key Informants perceive obesity to be one of the most concerning health issues in the county, only behind access to mental health treatment, access to substance use disorder treatment and COVID.

LGBTQ+ population

In 2022, McLaren Port Huron was recognized as a Top Performer in providing LGBTQ+ inclusive care from the Healthcare Equality Index. Research indicates that LGBTQ+ individuals experience a variety of health disparities. To identify and evaluate the communities served by McLaren Port Huron, a survey was distributed to target LGBTQ+ individuals. Over a period of two weeks, 64 individuals completed the survey. The majority of respondents were 25-34 years of age (68.99%) and 82.22% reside in St. Clair County. Respondents under age 18, those who live outside of St. Clair or Sanilac County and those who do not identify as LGBTQ+ were excluded from the data.

Results from this survey were compared to the same questions asked in the 2021 St. Clair County BRFS. When asked about the perception of general health, 11% of respondents rated their health as fair or poor compared to 17% of the general population. Only 2.22% of LGBTQ+ individuals state that they always get the social and emotional support they need compared to

46.9% of the general population. Additionally, LGBTQ+ individuals report that they are less satisfied with their life as a whole (6.67% compared to 45.6% of the general population).

Participants were asked to identify what they perceive to be the top issues which include:

- 1. Access to health care (35.56%)
- 2. Mental Health (31.1%)
- 3. Transgender health (31.1%)
- 4. Sexual health (26.67%)
- 5. Violence (24.4%)
- 6. Active living/exercise (24.4%)

Overall, LGBTQ+ individuals practice healthy lifestyle. Over 97% state they participate in physical activity (compared to 84.5% of the general population) and they consume more fruit and vegetables than the respondents of the BRFS. They reported lower smoking rates (13.3% compared to 18.1%).

Continuous Input

McLaren Port Huron's current and previous CHNAs are widely available to the public on the hospital website. Anyone can comment on the report and comments are forwarded to McLaren Port Huron Community Outreach and Education to be addressed and included in the next CHNA.

IDENTIFICATION AND PRIORITIZATION OF SIGNIFICANT COMMUNITY HEALTH NEEDS

Identifying Community Health Needs

For the purposes of the CHNA, McLaren Port Huron defines a "health need" as a health outcome and/or the related conditions that contribute to a defined health need. Health needs are identified by the comprehensive identification, interpretation and analysis of a robust set of primary and secondary data.

Social Determinants of Health (including food insecurity, employment, housing, education, access to health care, health literacy and crime/violence) were considered and discussed while evaluating health data for the communities we serve. Social determinants have a major impact on health outcomes, especially for the most vulnerable populations. Factors such as a patient's education, income level and environment must be considered when providing care and education and addressing needs throughout the community.

Prioritized Health Needs Identified through the CHNA

The following are summarized descriptions of the prioritized significant health needs that were identified through the CHNA process.

Health & Wellness

Health education is a significant need in the primary and secondary service areas for McLaren Port Huron while addressing chronic disease prevention and management, healthy behaviors to prevent obesity/overweight and injury prevention.

Chronic disease prevention and management – The prevalence of heart disease, cancer and diabetes all increased from the 2016 SCC BRFS. This could be directly or indirectly related to the COVID-19 pandemic. Residents of St. Clair County and Sanilac counties have higher ageadjusted mortality rates than adults in Michigan, and in the nation.²

Heart disease is the leading cause of death in both St. Clair and Sanilac County and the rate is far higher than the state or national rates.² Two-thirds (68.4%) of area adults with angina or CHD believe the existing community programs and services help them manage their condition well.¹

Cancer is the second leading cause of death in St. Clair and Sanilac counties.² Compared to state and national rates, cancer diagnosis and death rates are higher for St. Clair County residents.¹ The top five sites for cancer diagnosed and/or have their first course treatment at McLaren Port Huron in 2021 include prostate (138), breast (116), lung (107), cervix (49) and colon (44). Almost two-thirds (64.0%) of area adults with cancer believe the existing community programs and services help them manage their condition well.¹

One in six adults (16.3%) have been diagnosed with diabetes especially among those with less education and lower income. Diabetes is the 8th leading cause of death in both St. Clair and Sanilac counties. The death rate from diabetes is higher in St. Clair County than the rates in Michigan or the nation.

Healthy behaviors to prevent obesity/overweight – Three-fourths (74.5%) of adults are either overweight (31.8%) or obese (42.7%), the latter is up significantly from 2016 (33.0%). Similarly, County Health Rankings indicate obesity rates for St. Clair County at 37%, Sanilac County at 40% and the State of Michigan at 36%. Area adults between the ages of 25-64 are more likely to be obese than adults younger or older. White adults are more likely to be obese than non-White adults. 1

Six in ten (60.9%) area adults are currently trying to lose or maintain their current weight. Of these, three-fourths are trying do this through increased exercise and/or consuming fewer

calories.¹ Area adults believe that the community lacks programs and services that can assist them in managing their weight; 36.2% say current programs are not good at helping them lose weight.¹

Physical inactivity is a contributor to unhealthy weight as well as an inadequate diet. Over 25% of the adult population over the age of 20 indicates they do not engage in or have time for physical activity. ⁴ While only half of residents consume fruits daily and less than a third of residents consume vegetables daily. ¹

Trauma/Injury Prevention— Exposure to trauma and injury can have profound long-term consequences. Studies support that exposure to violence and trauma correlate with long term poor health outcomes and chronic disease. ⁵

Unintentional injuries are the 4th leading cause of death in St. Clair County and the 6th in Sanilac County.² Falls can result in serious injury across all ages and are a significantly more serious risk for older adults. Nationally and in Michigan, most unintentional fall-related hospitalizations and deaths occur among the 65 and older population. More than 85 percent of all unintentional fall deaths between 2006 and 2015 occurred in people who were 65 and older.⁶

Although many types of injury can result from trauma, traumatic brain injuries remain a prevention focus because of its magnitude and consequences. Traumatic brain injuries contribute to a substantial number of deaths and cases of permanent disability. ⁶

Access to Health

Access to health is a significant need in the primary and secondary service areas for McLaren Port Huron. All community residents need support to attain the highest level of health, including equal access to health care and building talent pipelines to meet future health care needs.

Only half (54.5%) of Key Informants believe they are equipped to assist their clientele in accessing needed programs and services.¹ In St. Clair County, there is one primary care provider to 2,120 residents, a rate higher than the State of Michigan of 1:1,250.³ The United States is in the midst of a critical nursing shortage that is expected to continue through 2030. In the State of Michigan, there were 137,500 RNs in 2020, and with a population of almost 10 million Michiganders, that equates to 13.8 RN per 1,000 people in Michigan.⁷ This shortage was evident throughout the COVID-19 pandemic and continues today.

Members of the LGBTQ+ community often struggle for healthcare equity due to lack of understanding, stigma or discrimination, contributing to increased health risks and worse

outcomes. Data for LGBTQ+ individuals are lacking. The 2020 Census was the first to give people the option to identify a same sex relationship. A 2020 Gallup poll results show 5.6% of US adults identify as LGBTQ+ and based on 2021 US Census population estimates, we can calculate there are 7,084 LGBTQ+ adults in St. Clair County and 1,787 LGBTQ+ adults living in Sanilac County.⁸

References

¹St. Clair County Community Health Needs Assessment & Behavior Risk Factor Survey, 2021. www.scchealth.co

³County Health Rankings & Roadmaps, 2022. www.countyhealthrankings.org/

⁴Blue Water Community Action Agency, 2020. Community Needs Assessment. www.bwcaa.org

⁵Centers for Disease Control and Prevention, 2020. Fatal Injury Data. www.cdc.gov

⁶Michigan Department of Health and Human Services, 2018. Injury & Violence in Michigan. www.michigan.gov

⁷University of St. Augustine for Health Sciences, 2022. The 2021 American Nursing Shortage: A Data Study. www.usa.edu

⁸United States Census, 2021. Quick Facts. www.census.gov

² Age-adjusted Death Rates for Ten Leading Causes by Race and Sex (by county), Michigan Residents, 2020. www.mdch.state.mi.us

COMMUNITY RESOURCES

The following health care facilities and other resources are available to address the health needs of the community:

- Area Agency on Aging
- Ascension River District Hospital
- Blue Water Community Action Agency
- Blue Water Hospice Home
- Blue Water Recovery and Outreach Center
- Catholic Charities of Southeast Michigan
- Community First Health Centers
- The Council on Aging, serving St. Clair County
- Downriver Helping Hands
- Faith-based Community
- Farmers Markets
- IMPACT/The Center for Human Resources
- The Harbor for Youth
- Barbara Ann Karmanos Cancer Institute
- Lake Huron Medical Center
- Local Area Schools
- Marlette Regional Hospital
- Marwood Nursing & Rehab
- McKenzie Health System
- McLaren Port Huron
- McLaren Port Huron Foundation
- McLaren Port Huron Today's Health television programming series
- McLaren Health Care & Subsidiaries

- McLaren Health Management
- Mid-City Nutrition
- MSU Extension
- Parks & Recreation Departments
- People's Clinic for Better Health
- Primary Care and Specialist Physicians
- Region 10 Access Center
- Sacred Heart Rehabilitation Center
- Sanilac County Community Mental Health
- Sanilac County Human Development Commission
- St. Clair County Community College
- St. Clair County Community Mental Health
- St. Clair County Department of Health & Human Services
- St. Clair County Department of Veterans Affairs
- St. Clair County Health Department
- Senior Life Solutions
- Spero Pregnancy Center
- Teen Health Clinic
- United Way of St. Clair County
- Visiting Physicians
- YMCA of the Blue Water Area

2019 CHNA EVALUATION OF IMPACT

The 2019 CHNA and Implementation Strategy prioritized the major issues impacting the community we serve. Criteria included the number of persons affected by the various factors analyzed, the seriousness of the issues, whether the health needs particularly affected persons living in poverty or reflected other disparities and the availability of community resources to address the needs. Strategic goals, community input and a review of the existing community benefit activities also guided this plan.

According to the 2021 SCC BRFS, the prevalence of most chronic conditions is higher in St. Clair County than in the State of Michigan and the nation, and many are higher than when last measured in 2016. Obesity rates increased from 33% in 2016 to 42.7% in 2021. The rate of smoking decreased 10% since 2016. This could be directly or indirectly related to the COVID-19 pandemic.

Three significant health needs were identified in 2019:

- 1. Promoting healthy behaviors while addressing:
 - Obesity & Weight Loss
 - Smoking & Vaping

- Opioid Misuse & Abuse
- **2. Chronic disease prevention, maintenance and treatment** including, but not limited to, heart disease & stroke, cancer, chronic respiratory lung disease, and diabetes.
- 3. Access to high quality health care and prevention services including:
 - Trauma & Injury Prevention
 - Mental Health
 - Medical Care

While COVID impacted most community outreach programs, several programs were provided. In many cases, programs were adapted to be offered virtually.

2020-2022 CHNA EVALUATION OF IMPACT

Implementation Strategies (October 1, 2019-September 30, 2022)

1. Promoting healthy behaviors

Obesity & Overweight

Long term goal: Reduce obesity rates among at risk populations.

Intermediate goals: Increase physical activity among risk populations.

Increase healthy nutrition among risk populations.

• Provide education on the importance of obesity prevention; including programs that address healthy eating and physical activity.

Date	# Attended	Program Name
1/22/20	24	Healthy Meal Planning Savvy Seniors at Marwood
11/11/20	4	Cooking Matters at the Store (virtual)
1/27/21	19	Savvy Seniors Be Active (partner with YMCA)
5/25/21	35	Savvy Seniors Be Flexible
3/8/22	6	Cooking Matters with MSU Extension (virtual)

• Promote referrals for obesity prevention and treatment.

Multiple articles and social media content.

Recorded two bariatric patient testimonials to share on social media.

The bariatric program education video was recorded and available to share online after registration with 388 views (as of 8/12/22).

Promote the Working on Wellness Biggest Loser program for weight loss for employees.

Biggest Loser discontinued March 2020 due to COVID

• Participate in community coalitions and partnerships that promote community-wide campaigns on the benefits of healthy eating and physical activity as part of a broad multicomponent approach.

Supported Senior Project Fresh (donated \$1000 to COA in 2019 and \$500 in 2022)

• Continue to provide and monitor the Bariatric program; including nutrition counseling, support programs, and evaluating immerging trends in weight management.

Provided Bariatric informational seminars & support group

Provide healthy foods and beverage options and promote healthy hospital environments, including water refill stations.

Water refill stations installed throughout the facility. Providing healthy food options for hospital staff has been challenging. Nutrition services have been facing challenging staffing issues due to COVID. Food options for employees are limited and are supplemented with guest restaurants utilizing the kitchen and cafeteria.

Other initiatives:

2019 Harvest Gathering: employees donated 16,746 pounds of food to Mid-City Nutrition and the Blue Water Community Food Depot.

2020 Harvest Gathering: employees donated \$3,845 and 5 pallets of fall vegetables to Mid-City Nutrition and the Blue Water Community Food Depot.

2021 Harvest Gathering: 2,000 pounds of food and \$1,785

1. Promoting healthy behaviors

Smoking & Vaping

Long term goal: Reduce tobacco and vaping rates among at risk populations.

• Promote referrals to tobacco cessation programs, such as tobacco quit line, self-help pamphlets or behavioral support programs.

Tobacco resource sheet provided to all patients who undergo low dose CT for lung cancer screenings.

Tobacco cessation resources provided on all discharge instructions.

L						
	Provide tobacco cessation education programs.					
	Date	# Attended	Program Name			
10/28/19 3 Fresh Start to quit smoking (4 session program)						
	9/30/20 7 Tobacco Cessation					

Support state and community-level cessation and prevention interventions such as Tobacco 21 initiatives.

12/20/19 The federal minimum age to buy tobacco products has been raised from 18 to 21 in Michigan.

Collaborate with community partners to promote community awareness and education to reduce tobacco & vaping use.

Participated in Great American Smokeout yearly through social media.

Member of Substance Prevention through Early Action and Knowledge (SPEAK) until disbanded December 2021.

1. Promoting healthy behaviors

Opioid Misuse & Abuse

Long term goal: Reduce opioid misuse and abuse among at risk populations.

• Participate in community coalitions and partnerships to address behavioral health including training, intervention and treatment as part of a broad multicomponent approach.

Member of Substance Prevention through Early Action and Knowledge (SPEAK) coalition until disbanded December 2021.

Member of Prescription Drug Abuse Committee

 Collaborate with community partners to promote community awareness and education to reduce non-medical prescription drug use/abuse.

Today's Health program with Sheriff Mat King (13 views)

5/19/22 Family Safety Day program with drug abuse information (200 attended)

6/21/22 Savvy Seniors education program with Sheriff Mat King (10 attended)

Other initiatives

10/2-23/19 Provided PATH (Personal Action Toward Health) for chronic pain program in partnership with MSUE, 11 people participated 9/30/20 Provided PATH (Personal Action Toward Health) for chronic pain program in partnership with MSUE, 36 people participated

2. Chronic disease prevention, maintenance and treatment

Long term goal: Increase opportunities for residents to improve and manage health issues and prevent disease. This includes but is not limited to heart disease and stroke, cancer, chronic respiratory lung disease and diabetes.

• Provide evidence-based screenings for early identification.

Date	# Attended	Program Name		
October 2019 22 Free Mammograms with Foundation Funds				
10/3/19	34	Women's Foundation programs provided free blood pressure, glucose & cholesterol screening		
10/15/19	52			

• Provide education programs on chronic disease prevention.

Date	# Attended	Program Name
10/17/19	36	Breast Cancer Prevention & Education Capac
10/19/19	130	Healthy Teen Day at Port Huron Northern High School
11/12/19	143	Diabetes Education with PHASD Biomed
11/20/19	13	Diabetes Education at SMR
2/11/20	28	Savvy Seniors Heart Failure
5/3/21	37	Skin Cancer Webinar
5/20/21	22	Stroke Webinar
6/14/22	25	Women's Health Event – skin cancer prevention education
8/18/22	35	The Basics of Breast Health – breast cancer prevention education

 Provide programs to teach patients about chronic disease, healthy behavior changes, medication adherence, skills for selfmanagement and support.

Date	# Attended	Program Name				
11/7/19	38	Diabetes Care at BTM				
11/12/19	43	Diabetes Care Heart & Soul education program				
2/7/20	10	Amputee Support Group				
11/19/20	43	Diabetes Care Healthy Carbs (Virtual)				
3/25/21	71	Diabetes Care Sweet Portions (virtual)				
9/0/21	114	Diabetes Outreach				

Beauty & Healing program - on hold during COVID and resumed May 2022 with FY20= 9 attended, FY22=14 attended

Heart to Heart Support Group - FY20, 15 attended - on hold since COVID

Stroke Survivors Support Group – FY 20, 20 attended - on hold since COVID

• Provide and promote tobacco cessation strategies.

Date	# Attended	Program Name
Oct/Nov 19	3	Fresh Start to Smoking Cessation
9/30/20	7	Tobacco Cessation

• Collaborate with other regional stakeholders to improve health outcomes related to chronic disease.

Ongoing

Other initiatives

• Wig Consultations FY20= 21 participants, FY21=20 participants, FY22=18

Date	# Attended	Program Name				
10/3 & 15/19	10/3 & 15/19 34+ 52 Everyone is a Caregiver (Lexington & Marysville)					
2/27/20	2/27/20 13 CPR for Seniors					
3/24/21	28	Savvy Seniors Grief and Loss				
5/11/21	186	COVID webinar with Dr. Brooks				
6/23/21	5	Art Therapy for Cancer Survivors				
7/12/21	30	Cancer Survivor event with skin cancer prevention education				
11/2021	180	CPR for PHASD (3 schools, 9 events)				
4/2/22	180	CPR for PHASD (3 schools, 9 events)				
6/6/22	40	Cancer survivor event				

3. Access to high quality health care and prevention services

Long term goal: Increase opportunities for all residents to attain highest level of health, including injury prevention and equal access to health care and mental health services.

Trauma & Injury Prevention

• Provide fall prevention education programs and screenings.

Date	# Attended	Program Name	
10/21/2020	10	Fall Prevention and Home Safety (Virtual)	
10/28/2020	10	Fall Prevention and Medications (Virtual)	
11/4/2020 10 Fall Prevention—Eyesight is important (Virtual)			
11/11/2020	10	Fall Prevention and Physical Activity (Virtual)	
9/30/21	253	Trauma Program Fall Prevention Series	
5/9/2022	126	Matter of Balance with MSUE (8 sessions)	
3/3/22	20	Stop the Bleed education for teachers/administration	
5/2/22	7	Community Education	
5/5/22	23	Stop the Bleed Student Education	
5/5/22	20	Stop the Bleed Student Education	
5/11/22	5	Stop the Bleed Community Education	
5/18/22	2	Stop the Bleed Community Education	
5/19/22	200	Stop the Bleed community education	
5/24/22	2	Stop the Bleed Community Education	
5/25/22	22	Student Education	
5/25/22	26	Student Education	
5/26/22	4	Community Education	
6/14/22	25	Community Education (Fall Prevention/Bicycle Safety/Home Safety)	

Provide helmet safety education and helmet distribution through schools and community programs.

7/23/22 Helmet/Bicycle Safety-Community Table at St. Clair County 4-H Fair

School helmet safety program discontinued

Other initiatives:

Date	# Attended	Program Name
10/4/19	63	Port Huron Area School District Biomed welcome SC4
4/26 & 27/2022	147	Port Huron Area School District Biomed student program for hospital/college partnerships
		(Talent pipeline building)
5/19/2022	200	Family Safety Day

7/29-31/22	100	Physical Therapy supports Volley Grass Tournament	
			1

3. Access to high quality health care and prevention services

Mental Health

Implementation Strategies (October 1, 2019-September 30, 2022)

• Provide evidence-based screenings for early identification.

Date	# Attended	Program Name	
10/10/19	86	Mental Health Screening at SC4 partnering with CMH	

• Provide a full spectrum of psychiatric and mental health services including Emergency, Inpatient, and Outpatient Behavioral Counseling.

Outpatient counseling closed in 2020 when psychiatrists left

• Collaborate with mental health, primary care, and other community stakeholders to address behavioral health intervention and treatment.

Ongoing

Other initiatives:

11/5/19 Dementia Related Behavior program with the Alzheimer's Association 32 Attended

11/13/19 Partner with Walk 2 Remember, Walk 2 Prevent to benefit suicide prevention

11/26/19 Savvy Seniors program, Beat the Holiday Blues, partnering with CMH, 19 Attended

FY20 Alzheimer's Support Group, 17 people attended. Discontinued December 2019

FY20 Parkinson's Support Group, 60 people attended. Discontinued December 2019

3. Access to high quality health care and prevention services

Medical Care

Implementation Strategies (October 1, 2019-September 30, 2022)

Monitor trends in primary and specialty care providers and continue to recruit, especially in targeted communities.

Ongoing

• Monitor insurance coverage rates and access to the entire care continuum (from clinical preventive services to long-term and palliative care).

Ongoing

• Monitor and address disparities that affect access to health care (e.g., race, ethnicity, socioeconomic status, age, sex, disability status, sexual orientation, gender identity, and residential location).

Ongoing

• Explore and monitor the use of telehealth as an emerging method of delivering health care.

During COVID, telehealth use expanded and is continued to be offered through McLarenNow

Other initiatives:

Date	# Attended	Program Name			
Oct/Nov 19	47	Medicare Open Enrollment Program with MMAP			
2/11/20	2/11/20 26 Medicaid planning for your future				
6/5/20	15	New to Medicare			
9/30/20	56	Medicare Open Enrollment Program with MMAP			
2/2/21	52	New to Medicare			
2/24/21	15	Savvy Seniors: Make the Most of your doctor visits			

Community Collaboration

Beyond organizing hospital workgroups to help prioritize needs for the Implementation Strategy, McLaren Port Huron also works collaboratively with various agencies and organizations that share a common vision – to improve the health status of individuals residing in St. Clair and Sanilac counties.

The goal of these partnerships is to sponsor events and/or fund causes that provide education, enrichment and access to care. In return, the funding of more than \$113,000 between 2020-2022, supports the mission of these organizations and helps provide resources to the community that McLaren Port Huron does not specifically offer. These causes align with McLaren Port Huron's Implementation Plan strategies to promote healthy behaviors, impact chronic disease and to provide access to high quality health care.

Strategy	Cause	2020	2021		2022	TO	TAL
J.	Blue Water Recovery & Outreach						
	Center	\$ 500.00	\$ 500.00	\$	500.00	\$	1,500.00
	City of Port Huron Walk Michigan	\$ 1,500.00	\$ 1,000.00	\$	750.00	\$	3,250.00
Dromoting hoolthy	City of St. Clair Playground	\$ 5,000.00				\$	5,000.00
Promoting healthy behaviors while addressing	Mid City Nutrition	\$ 5,500.00	\$ 500.00	\$	500.00	\$	6,500.00
obesity, smoking/vaping	Operation Transformation	\$ 500.00	\$ 750.00			\$	1,250.00
and opiod misuse/abuse	Senior Project Fresh	\$ 1,000.00		\$	500.00	\$	1,500.00
and opiou misuse/abuse	Substance Prevention through Early						
	Action and Knowledge	\$ 800.00				\$	800.00
	Walk for Meals	\$ 250.00	\$ 250.00			\$	500.00
	YMCA Healthy Kids Day	\$ 1,000.00	\$ 1,000.00	\$	1,000.00	\$	3,000.00
Chronic disease	American Cancer Society	\$ 5,000.00	\$ 1,500.00			\$	6,500.00
prevention, maintenance	American Heart Association	\$ 5,000.00	\$ 5,000.00			\$	10,000.00
and treatment including,	East China Heart Run	\$ 250.00	\$ 250.00	\$	250.00	\$	750.00
but not limited to, heart	Leukemia & Lymphoma Society	\$ 250.00				\$	250.00
disease & stroke, cancer,	Little Black Dress	\$ 2,000.00	\$ 2,000.00	\$	2,000.00	\$	6,000.00
	March of Dimes	\$ 2,500.00	\$ 2,500.00			\$	5,000.00
chronic respiratory lung	Taking a Shot at Breast Cancer	\$ 3,500.00	\$ 1,400.00			\$	4,900.00
disease, and diabetes.	Tee it Up to Beat Cancer	\$ 2,000.00	\$ 2,500.00	\$	2,500.00	\$	7,000.00
	Blue Water Habitat for Humanity	\$ 750.00				\$	750.00
	Blue Water Safe Horizons	\$ 1,000.00	\$ 1,000.00			\$	2,000.00
	Hunter Hospitality House	 2,850.00	\$ 2,500.00	\$	3,500.00	\$	8,850.00
<u> </u>		\$ 1,000.00	\$ 1,000.00	\$	1,000.00	\$	3,000.00
care and prevention services	PFLAG		\$ 750.00			\$	750.00
including trauma &injury	Senior Power Day (COA)		\$ 500.00	\$	400.00	\$	900.00
prevention, mental health	St. Clair County Child Abuse &						
and medical care	Neglect Council	\$ 3,900.00	\$ 2,000.00	\$	2,500.00	\$	8,400.00
	United Way	\$ 2,000.00	\$ 2,000.00			\$	4,000.00
	Port Huron Area Schools (STEAM)		\$ 10,000.00	\$	10,000.00	\$	20,000.00
	Veteran's Affairs			\$	1,000.00	\$	1,000.00
				TC	TAL	\$:	113,350.00

APPROVAL

The McLaren Port Huron Board of Trustees reviewed and approved the 2022 Community Health Needs Assessment and the Implementation Strategy at the September 21, 2022, Board of Trustees Meeting.

McLaren Port Huron Board of Trustees Approval:

12. Ci	
	9/21/2022
Eric Cecava, President & CEO	Date

The 2022 Community Health Needs Assessment and the Implementation Strategy was posted to the McLaren Port Huron website on September 30, 2022.



Implementation Strategy

(To be executed Oct. 1, 2022-Sept. 30, 2025)

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This Implementation Strategy report summarizes how McLaren Port Huron will develop, conduct, and sustain community benefit programs that 1) address prioritized health needs and 2) respond to other identified community health needs. Execution of this plan will occur October 1, 2022, through September 30, 2025.

Organization Mission

McLaren Health Care, through its subsidiaries, will be the best value in health care as defined by quality outcomes and cost.

McLaren Port Huron is committed to caring for its patients and community members by providing free health screenings, community education classes, programs and outreach events to underserved individuals in St. Clair and Sanilac counties.

Community Served

For the purpose of this Implementation Strategy, community is defined by the hospital's primary service areas. The target population of the assessment reflects an overall representation of the communities served by McLaren Port Huron which include St. Clair and Sanilac counties. More information is included in the CHNA on page 7.

Implementation Strategy Process

A hospital CHNA workgroup was employed to develop this CHNA, including: 1) quantitative data review and analysis, 2) literature review to identify state and national benchmarks and evidence-based strategies that relate to the indicators/metrics measured through the quantitative data source, and 3) qualitative data provided through community dialogue sessions with local residents and then filtering those needs against a set of criteria.

Health indicators, such as leading causes of death, disease rates, health risk behaviors, access to health care and review of county health rankings were collected and analyzed. Combining this analysis, input from the health and human service public agencies, community-based organizations, policy makers, and local residents, provided a basis to prioritize the current health of the community and how McLaren Port Huron could best impact these needs. This allowed for data collection across a broad range of indicators relating to overall population health, social determinants of health including geographic/location difference in health outcomes, and the needs of disadvantaged populations including uninsured persons, lowincome persons, and minority groups within St. Clair and Sanilac counties. This workgroup prioritized/ranked the list of health needs via multiple criteria scoring system.

The McLaren Port Huron community benefit team also reviewed its existing community benefit activities to assess whether these services were providing value consistent with the needs of the community and its residents. Specifically, these activities considered key health factors and outcomes resultant from associated demographic, social, and economic impacts, the physical environment, health care access and resource coordination and health behavior trends.

Prioritized Health Needs

McLaren Port Huron utilized key findings in the Community Health Needs Assessment to identify and prioritize an implementation strategy.

The CHNA team at McLaren Port Huron evaluated data and input sources collected to prioritize the major issues impacting the community we serve. Criteria included the number of persons affected by the various factors analyzed, the seriousness of the issues, whether the health needs particularly affected persons living in poverty or reflected other disparities and availability of community resources to address the needs. This process identified the following priority issues for the community. Strategic goals, community input and a review of the existing community benefit activities also guided this plan.

The 2022 CHNA has identified the following needs that will be addressed FY23-FY25:

- 1. Health and wellness addressing chronic disease prevention and management, healthy behaviors to prevent obesity and overweight and trauma/injury prevention.
- 2. Access to health addressing health inequities for LGBTQ+ and other high-risk populations and building the talent pipeline to meet future health care needs.

Significant Health Needs to be Addressed

McLaren Port Huron will work in partnership with public and community resources to address these needs. The overall goal of the following action plan is to improve the overall health factors and behaviors of St. Clair and Sanilac counties, leading to improvements in health behaviors and outcomes.

1. Health and wellness				
Long term goal: Increase o and injury.	pportunities for residents to improve and manage health issues and prevent disease			
Intermediate goals	Increase participation in health education programs and screenings.			
	Increase physical activity among at-risk populations.			
	Increase healthy nutrition among at-risk populations.			
	Reduce injury rates.			
Chronic disease prevention	and management			
Strategies	Provide evidence-based screenings for early identification.			
	Provide programs to teach patients about chronic disease, healthy behavior			
	changes, medication adherence, skills for self-management and support.			
Community Resources	American Cancer Society American Diabetes Association			
	American Heart Association American Lung Association			
	Karmanos Cancer Institute Public Health			
Healthy behaviors to preve	nt obesity/overweight			
Strategies	Provide education on the importance of obesity prevention; including programs			
	that address healthy eating and physical activity.			
	Promote referrals for obesity prevention and treatment.			
	Continue to provide and monitor the Bariatric program; including nutrition			
	counseling, support programs, and evaluating immerging trends in weight			
	management.			
Community Resources	YMCA SCC Health Department			

	Weight Watchers	SCC Medical Society	
	Council on Aging	SCC Parks & Recreation	
	Healthy Lifestyles Workgroup	MSU Extension	
	Community Gardens	Farmers Market	
	Food Pantry & Soup Kitchens	American Heart Association	
Trauma & injury prevention			
Strategies	Provide fall prevention education programs and screenings.		
Community Resources	<u> </u>	MDHHS Regional Trauma Network	
	MSU Extension		
2. Access to health			
Long term goal: Increase o	pportunities for all residents to attai	n highest level of health, including equal access to	
health care and building ta	lent pipelines to meet future health	care needs.	
Health Inequities			
Strategies	Continuously monitor and address disparities that affect access to health care		
	(e.g., race, ethnicity, socioeconomic status, age, sex, disability status, sexual		
	orientation, gender identity, and residential location).		
	Continue to focus on LGBTQ+ population, using the Healthcare Equality Index as		
	a roadmap to implement best practices and reduce disparities among the		
	LGBTQ+ community.		
	Provide and promote LGBTQ+ education to hospital staff.		
	Provide annual training for all MPH staff on accessing and utilizing services (e.g.,		
	Levi's Link program, Ally Project, interpreter services, etc.)		
Community Resources	Human Rights Campaign		
	PFLAG		
	SCC Health Department		
Building talent pipeline			
Strategies	Collaborate with local schools and colleges to evaluate current programs and		
	explore opportunities to expand health care related programs.		
	Work with schools to provide supervised internship and workforce training		
	opportunities at McLaren Port Huron.		
	Continue to partner with colleges to provide clinical experiences throughout		
	McLaren Port Huron for a variety of health care disciplines.		
Community Resources	Local School Districts		
	St. Clair County Community College		
	St. Clair County RESA		

Next Steps for Action Items

For each of the action areas listed above, McLaren Port Huron will work with its area partners to:

- Identify any additional related activities being conducted by others in the community that could be built upon to increase strategic alignment.
- Develop and monitor measurable goals and objectives so that the effectiveness of these collaborative efforts can be measured.

• Build support and participate in community engagement effort for the noted initiatives within the community.

This 2022 implementation plan will be monitored to track successful outcomes and areas for additional improvement. McLaren Port Huron staff will work with regional partners, when appropriate, to secure funding for initiatives that improve health status. The plan and program methodology will be monitored and updated annually with a progress report.

Health Needs Not Addressed and Rationale

The Implementation Strategy planning process requires McLaren Port Huron to conduct a health needs selection process based on critical criteria including health need severity, magnitude and inequity and the extent to which McLaren Port Huron can meaningfully address the need.

The 2021 St. Clair County RFS included health needs that will not be addressed by the McLaren Port Huron CHNA and Implementation Strategy report. These include:

- The COVID-19 pandemic
- Mental health & Substance abuse
- SDOH (affordable housing, access to affordable and healthy food, and safe spaces)

COVID-19: Key Stakeholders view COVID as the most pressing or concerning health issue in St. Clair County because of its impact on so many other aspects of life, but especially mental health. The greatest concern for these key leaders is that there are large numbers of unvaccinated residents. The St. Clair County Health Department continues to educate the community and offer immunizations.

Mental health: There are a variety of agencies throughout St. Clair and Sanilac counties that provide mental health services including: Alcoholics Anonymous, Blue Water Families Against Narcotics, Blue Water Recovery and Outreach Center, Blue Water Safe Horizons, Catholic Charities of Southeast Michigan, Community First Health Centers, I.M.P.A.C.T, The Harbor for Youth, Huron House, Narcotics Anonymous, Port Huron Odyssey House, Region 10 Access Center, Sacred Heart Rehabilitation Center, St. Clair County Community Mental Health, Teen Health Center and Vision Quest.

SDOH: While social determinants of health are a very important part of our community profile, addressing these needs is beyond the scope of hospital services. However, we will continue to monitor and address disparities that affect access to health care (e.g., race, ethnicity, socioeconomic status, age, sex, disability status, sexual orientation, gender identity, and residential location).

Through review and analysis of noted partners engaged throughout the Community Health Needs Assessment process, it is agreed that all other health needs identified are being addressed through collaborative community efforts and all hospital facilities in St. Clair and Sanilac counties.

Adoption

The Implementation Strategy was adopted by the McLaren Port Huron Board of Trustees on September 21, 2022.

McLaren Port Huron Board of Trustees Approval:

12 Ci	
, (9/21/2022
Eric Cecava. President & CEO	Date