



## Improving Quality of Life for Our Patients

*"Sometimes, I felt like I was going to lose my breath because of the pain. My family doctor sent me to the Pain Management Center for evaluation and treatment. They started me on a regimen of nerve blocks with low-impact steroids and exercise. The Pain Center has made a huge difference in alleviating pain and helping me regain mobility and function."*

-Patient S.H.

*"I've had years of back pain, back fusion surgery and spinal arthritis. I couldn't walk 50 feet without feeling pain. My family doctor referred me to the Pain Management Center. I had a first series of facet injections in my lower back, which started to calm things down. Now I'm going through my first series of epidural injections and can walk more than 50% without pain, and on a scale of 100, I'm feeling 99% pain relief. I'm going to be in control, and with the Pain Center's help, I am not going to hurt forever."*

-Patient L.W.

# Pain Management Center

West Side Medical Mall

4175 Euclid Ave., Ste. 6

Bay City, MI 48706

Phone: (989) 667-3350

Fax: (989) 667-3360

*No-show and late cancellations may be subject to a cancellation fee that is not covered by any insurances.*



BAY REGION

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[mclaren.org](http://mclaren.org)

# Pain Medicine

A Multi-Disciplinary Approach



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# A Multi-Disciplinary Approach to Pain Management

The specialists at the McLaren Bay Region Pain Management Center are experts in relieving continuous and unbearable pain suffered by patients. The ultimate goal of our practice is to improve the patient's quality of life through the least invasive methods possible. There can be a multitude of factors involved in pain, so we work with a team that offers a multi-disciplinary service, taking into consideration the physical and psychological well-being of patients.

## Advantages We Offer:

- Interventional treatment
- Fellowship trained and board certified physician
- Ability to schedule patients usually within 3-5 days
- Most major insurances are accepted
- Convenient location near McLaren Bay Region



A complete medical history, physical exam, and diagnostic tests will be used to determine the exact source of an individual's pain and appropriate therapy. Listed are some of our most common types of pain we treat and services we provide.

## Types of Pain We Treat:

- Lower Back Pain
- Neck Pain (including whiplash)
- Degenerative Disc Disease, Discogenic Pain and Disc Herniation
- Peripheral Nerve Pain
- Radicular Pain/Sciatica
- Headaches/Migraines
- Myofascial Pain Syndromes
- Complex Regional Pain Syndromes/RSD
- Joint Pain
- Coccydynia/Pelvic Pain
- Cancer/Post Radiation Pain
- Costochondritis
- Facial/Dental Pain (TMJ)
- Facet Arthropathy
- Vertebral Compression Fractures
- Post Herpetic Neuralgia
- Failed Back/Neck Surgery Syndrome
- Intractable Spasticity
- Diabetic Peripheral Neuralgia
- Sacroiliitis
- Post-Stroke Pain

## Types of Service We Provide:

- Epidural Steroid Injections - cervical, thoracic and lumbar
- Nerve blocks
- Discograms and Intradiscal Electrothermo Coagulation
- Diagnostic and Prognostic Nerve Blocks
- Stellate Ganglion Blocks
- Sympathetic Plexus Blocks
- Hypogastric Plexus Block C For Chronic Pelvic Pain
- Ganglion of Impar Block C for Coccydynia
- Celiac Plexus Block and Neurolysis
- Sacroiliac and Facet Joint Injections
- Piriformis Muscle Injections
- Spinal Cord Stimulation
- Intrathecal Pump Implants
- Palliative Care for Terminal Cancer and Cancer Pain Management
- Infusion Clinic for Chronic Headaches
- Physical Therapy in Pain Clinic Setting
- Pain Rehabilitation Programs



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*Pain Medicine*

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## Medical School

Alexandria University, Egypt

## Fellowship

Cleveland Clinic Pain Center

## Years of Experience: 15+

Dr. Morkos realizes all patients are unique and that you must be sensitive to each person's pain. What might be five and severe for one person, might be a "10" for another person. Dr. Morkos creates a bond with his patients, realizing they have to trust each other for healing to occur.

"My goal for my patients is to interrupt the cycle of pain." says Dr. Morkos, "Sixty percent of our spine procedures are facet blocks, epidural injections for radiculopathy, or to calm trigger points in the cervical, lumbar and thoracic areas of the spine."

Dr. Morkos has a special interest in electronic spinal cord stimulation which can specifically target pain spots and allows the patient to manage their pain.