

## McLaren Health Plan

### Utilization Management

- Outpatient Services
- Inpatient Management
- Pharmacy

### Special Programs

- Early Care Healthy Family
- Eyes Wide Open
- Let's Connect
- Asthma & Diabetes Wellness Programs
- **Down** with High Blood Pressure
- Emergency Room Program

### Member Connection

- In Touch Survey
- Staying in Touch Program
- Welcome Calls
- Own Personal Nurse

### Employer Support

- Meet and Greets
- Nurse Assignment
- Custom Designed Services

## McLAREN HEALTH PLAN

### Improving the Health of Our Members

### Member Outreach

- Health Promotion Reminder Cards
- Health Coaches
- Semi Annual Newsletters
- Chronic Disease Support
- Updated Website with Health Links
- Ask A Nurse 24/7

### Case Management

- Proactive Identification of Needs
- Complex Care Nurse Managers
- PCP Case Management Program

### Disease Management Programs

- Asthma
- Depression
- Diabetes
- High Blood Pressure
- Maternity
- Many Clinical Practice Guidelines